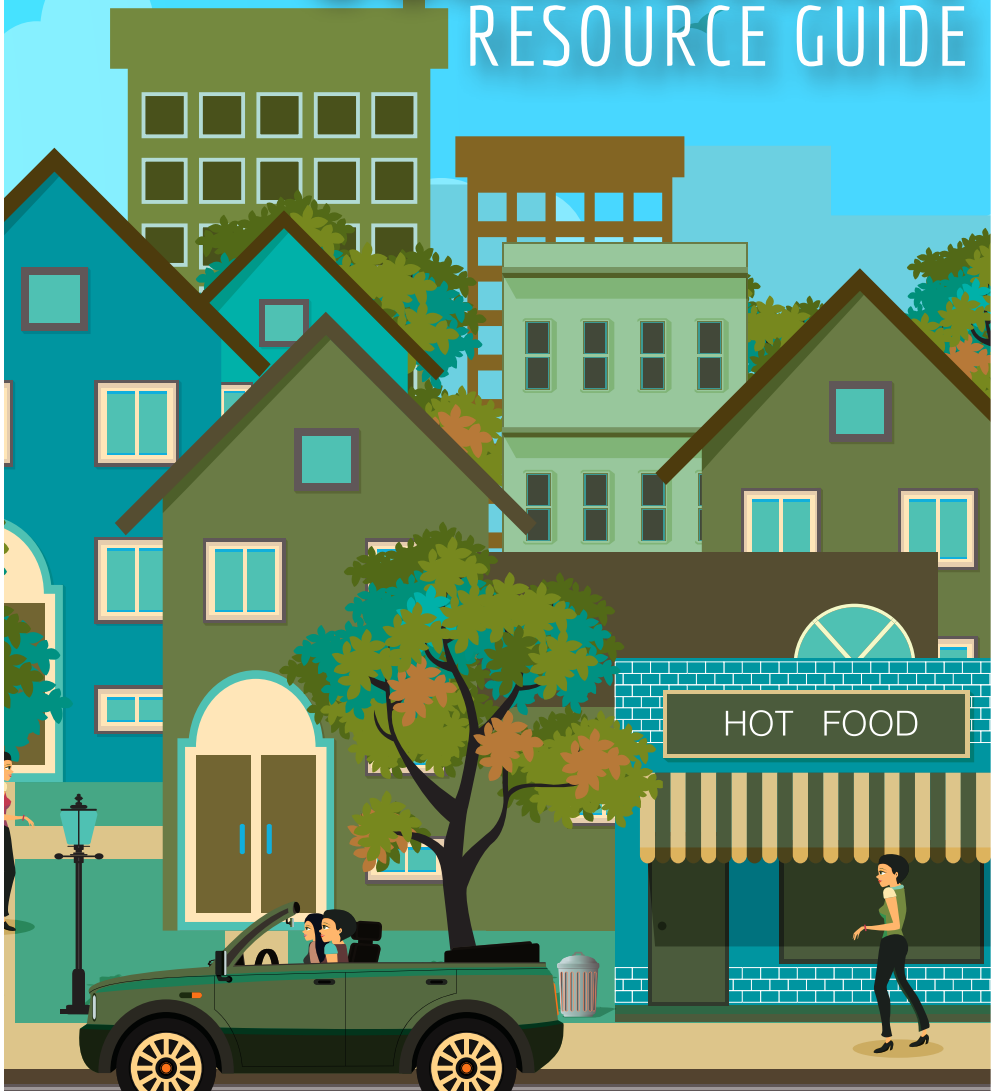


2024/25

EAST HILLSBOROUGH

COMMUNITY

RESOURCE GUIDE



EMERGENCY NUMBERS

Abuse Hotline.....	1-800-962-2873
Crisis Center of Tampa Bay	211
Gracepoint Mobile Crisis Team.....	(813) 272-2958
Hillsborough County Sheriff.....	911

si hablas español

Spanish speaking service organizations are annotated through the book with ** at the end of the organization title.

This book has been provided to assist you in guiding families and individuals in need and those facing emergency / urgent life events to local community agencies and organizations. These resource providers can help provide immediate relief and long-term care / case management focused on restoring individuals and families and helping them get back on their feet.

This book is available in digital form online at hopeforherfl.org/crg.

Blessings,

Community Guide Agencies and Organizations

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**CHILDREN'S BOARD FAMILY RESOURCE CENTER OF BRANDON **
ACCESS**

Contact: Nadine Dib, Solymar Medina

Phone: 813-740-4634

Address: 1271 Kingsway Road, Brandon, Florida 33510

Email: nadine.dib@lsfnet.org or Solymar.medinacruz@lsfnet.org

Website: www.familysupporthc.org

Notes: Services provided by Family Healthcare Foundation and Hispanic Services Council

Hours: Monday & Saturday 9:00 am-5:00 pm; Tuesday & Thursday 9:00 am-7:00 pm; Wednesday & Friday 9:00 am-6:00 pm

**CHILDREN'S BOARD FAMILY RESOURCE CENTER-EAST COUNTY **
ACCESS**

Contact: Sylvie Trevena

Phone: 813-752-8700

Address: 301 North Palmer, Plant City, Florida 33563

Email: No specific contact

Website: familysupporthc.org/east-county-center

Notes: Computer lab for employment. Free CPR /1ST Aide class, Car Seat Safety Class

Hours: Monday & Saturday 9:00 am-5:00 pm; Tuesday & Thursday 9:00 am-7:00 pm; Wednesday & Friday 9:00 am-6:00 pm

**CHILDREN'S BOARD FAMILY RESOURCE CENTER-SOUTH COUNTY **
ACCESS**

Contact: No specific contact

Phone: 813-641-5600

Address: 3030 East College Avenue, Ruskin, Florida 33570

Email: No specific contact

Website: familysupporthc.org/south-county-center

Notes: Computer lab for employment. Free CPR /1ST Aide class, Car Seat Safety Class

Hours: Monday & Saturday 9:00 am-5:00 pm; Tuesday & Thursday 9:00 am-7:00 pm; Wednesday & Friday 9:00 am-6:00 pm

**HOPE FOR HER
ACCESS**

Contact: No specific contact

Phone: 813-309-3357

Address: 140 Yarbrough Road, Brandon, Florida 33510

Email: admin@hopeforherfl.org

Website: hopeforherfl.org

Notes: Client needs to call for an appointment.

Hours: Monday-Thursday 9:00 am- 4:00 pm

**UNITED FOOD BANK
ACCESS**

Contact: Mary Heysek

Phone: 813-764-0625 x 5

Address: 702 E Alsobrook St Suite H, Plant City, Florida 33563

Email: mheysek@ufbpc.org

Website: ufbpc.org

Notes: 33510, 33511, 33527, 33587, 33547, 33563, 33564, 33565, 33566, 33567, 33569; 33584, 33592, 33594, 33596

Hours: Monday, Wednesday, Thursday and Friday 8:00 am-3:30 pm Tuesday 8:00 am-5:00 pm

CHRYSLAIS HEALTH **

Behavioral Health/Mental Health

Contact: Nikolas Crespo

Phone: 813-443-4827

Address: 7821 N Dale Mabry Hwy, Tampa, Florida 33614

Email: nikolas.crespo@chrysalishealth.com

Website: www.chrysalishealth.com

Notes: For services, fill out form on website; contact & request a referral form

Hours: Monday -Friday 9:00 am-5:00 pm

COVE **

Behavioral Health/Mental Health

Contact: Becky Facer, Director of Outpatient Services

Phone: 813-384-4000

Address: 4422 E Columbus Dr, Tampa, Florida 33605

Email: rebeccaf@dacco.org

Website: covebh.org

Notes: Adult and adolescent mental health and substance abuse. Walk-In Medical Evaluations: Please bring ID and insurance card.

Hours: Monday-Friday 8:00 am-5:00 pm

EMPATH PARTNERS IN CARE (EPIC) FRANCIS HOUSE **

Behavioral Health/Mental Health

Contact: Stephanie Carr

Phone: 813-237-3066

Address: 4703 North Florida Avenue, Tampa, Florida 33603

Email: stephaniecarr@empathhealth.org

Website: myepic.org

Notes: Housing for HIV clients; Must be referred by case manager for housing.

Hours: Monday-Friday 8:30 am-5:00 pm

INCREDIBLE YEARS PROGRAM (EASTERSEALS FLORIDA)

Behavioral Health/Mental Health

Contact: Amanda Lopez

Phone: 689-444-1731

Address: No specific contact, County Wide, Florida all

Email: incredibleyears@fl.easterseals.com

Website: <https://www.easterseals.com/florida/programs-and-services/children-families/the-incredible-years.html>

Notes: Call for more information

Hours: Call for an appointment

INSPIRA TAMPA BAY **

Behavioral Health/Mental Health

Contact: Luz Gaona, Jennifer Torres

Phone: 813-323-5783

Address: 707 W Lake Dr., Wimauma, Florida 33598

Email: programdirector@Inspiratampabay.org

Website: Inspiratampabay.org

Notes: Apply for services by phone, in person, or through website.

Hours: Monday-Friday 8:00 am -6 pm

NORTHSIDE BEHAVIORAL HEALTH **

Behavioral Health/Mental Health

Contact: Central Scheduling

Phone: 813-977-8700

Address: 12512 Bruce B. Downs Blvd, Tampa, Florida 33612

Email: No specific contact

Website: northsidebhc.org

Notes: Behavioral Health - Telehealth only for now.

Hours: Monday-Friday 8:00 am-4:00 pm

SINCERA INC. SUPPORT SERVICES

Behavioral Health/Mental Health

Contact: Molly Cintron

Phone: 813-258-8887

Address: 412 East Madison Street #1102, Tampa, Florida 33602

Email: info@sincerainc.onmicrosoft.com

Website: www.sincerainc.com

Notes: Behavioral/Mental Health/Case Management Family Support Services from birth-adult. Clients can fill out an online referral on website.

Hours: Monday-Friday 9:00 am-5:00 pm by appointment only

SUCCESS 4 KIDS & FAMILIES (HEALTHY START) **

Behavioral Health/Mental Health

Contact: Tara Walker

Phone: 813-490-5490

Address: 2902 N. Armenia Ave. Suite 200, Tampa, Florida 33607

Email: twalker@s4kf.org

Website: s4kf.org

Notes: Provides moms, newborns and families with the resources support to develop a healthy pregnancy and healthy birth.

Hours:

SUCCESS 4 KIDS & FAMILIES (SUCCESSFUL FAMILIES) **

Behavioral Health/Mental Health

Contact: Jeanette Soberal

Phone: 813-871-7412

Address: 2806 N. Armenia Ave. Suite 200, Tampa, Florida 33607

Email: jsoberal@s4kf.org

Website: s4kf.org

Notes: Case management for families experiencing emotional and/or behavioral challenges.

Hours:

SUCCESS 4 KIDS & FAMILIES (SUCCESSFUL KIDS) **

Behavioral Health/Mental Health

Contact: No specific contact

Phone: 813-871-7412

Address: 2902 N. Armenia Ave. Suite 200, Tampa, Florida 33607

Email: referrals@s4kf.org

Website: s4kf.org

Notes: Case management to children experiencing emotional and/or behavioral challenges.

Hours: Call for an appointment

SUCCESS 4 KIDS & FAMILIES (SUCCESSFUL PARENTS) **

Behavioral Health/Mental Health

Contact: No specific contact

Phone: 813-490-5490

Address: 2902 N. Armenia Ave. Suite 200, Tampa, Florida 33607

Email: No specific contact

Website: s4kf.org

Notes: Mental health services as well as becoming economically self-sufficient. Services are paid for through TANF funds.

Hours: Call for an appointment

SUNCOAST COMMUNITY HEALTH CENTER -BRANDON **

Behavioral Health/Mental Health

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: 313 S. Lakewood Drive, Brandon, Florida 33511

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Mental/behavioral health ages 6 and up

Hours: Monday–Friday 7:30 am–5:00 pm Telehealth visits are available at the discretion of therapist.

SUNCOAST COMMUNITY HEALTH CENTER -PALM RIVER **

Behavioral Health/Mental Health

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: 7728 Palm River Road, Tampa, Florida 33619

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Behavioral health ages 6 and up; Telehealth visits are available at discretion of therapist.

Hours: Monday–Friday 7:30 am–5:00 pm

SUNCOAST COMMUNITY HEALTH CENTER -RUSKIN **

Behavioral Health/Mental Health

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: 2814 14th Ave SE, Ruskin, Florida 33570

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Behavioral health ages 6 and up; Telehealth visits are available at the discretion of the therapist

Hours: Monday–Friday 7:30 am–5:00 pm

UPLIFT SUPPORT SERVICES LLC

Behavioral Health/Mental Health

Contact: Phyllis Powell

Phone: 813-703-2232 or 863-210-5952

Address: 4415 Florida National Drive Suite 108, Lakeland, Florida 33813

Email: upliftlakeland@gmail.com

Website: upliftfl.com

Notes: Resources, mental health, counseling, & IEP meetings.

Hours: Monday-Friday 9:00 am-5:00 pm; upliftfl.com and click on “Request for Service”

ENTERPRISING LATINAS **

Budgeting

Contact: Georgina Romero

Phone: 813-699-5805

Address: 5128 State Road 674, Wimauma, Florida 33569

Email: georgina.romero@enterprisinglatinas.org

Website: www.enterprisinglatinas.org

Notes: We Empower women & their families; We offer bilingual trainings & workshops.

Hours: Call to make an appointment; Membership free; Monday-Friday 8:30 am-6:00 pm

GTE FINANCIAL **

Budgeting

Contact: Sofia Vidal

Phone: 813-485-4093

Address: 711 E. Henderson Ave., Tampa, Florida 34639

Email: sofia.vidal@gtefinancial.org

Website: communityengagement@gtefinancial.org

Notes: Call for appointment or classes

Hours: For community partnerships and financial education programs apply at communityengagement@gtefinancial.org; for other services apply at gtefinancial.org

HILLSBOROUGH COUNTY EXTENSION OFFICE

Budgeting

Contact: Lisa Leslie

Phone: 813 -744-5519

Address: 5339 County Rd. 579, Seffner, Florida 33584

Email: lml Leslie@ufl.edu

Website: hillsborough.ifas.ufl.edu

Notes: Web conference as needed face-to-face-call for appointment. Free tax assistance for anyone in HSC. Not limited to income. Virtual or in-person.

Hours: Call for an appointment: Monday-Friday 8:00 am-5:00 pm

HOPE FOR HER

Budgeting

Contact: No specific contact

Phone: 813-309-3357

Address: 140 Yarbrough Road, Brandon, Florida 33510

Email: admin@hopeforherfl.org

Website: hopeforherfl.org

Notes: Client needs to call for an appointment.

Hours: Monday-Thursday 9:00 am- 4:00 pm

LIGHTHOUSE MINISTRIES-TAMPA **

Budgeting

Contact: Cheryl Hart

Phone: 863-687-4076 x271

Address: 1502 E 2nd Ave., Tampa, Florida 33605

Email: chart@lighthousemin.org

Website: lighthousemin.org

Notes: ID's/Passports for all members over 18, & SS or Birth Cert. for all in household are required for assistance.

Hours: Call for an appointment

UNITED FOOD BANK

Budgeting

Contact: Mary Heysek

Phone: 813-764-0625 x 5

Address: 702 E Alsobrook St Suite H, Plant City, Florida 33563

Email: mheysek@ufbpc.org

Website: ufbpc.org

Notes: 33510, 33511, 33527, 33587, 33547, 33563, 33564, 33565, 33566, 33567, 33569; 33584, 33592, 33594, 33596

Hours: The Money Smart program will be offered to our clients free of charge. Clients can register the same day of the class by coming to our office at 9:00 a.m. and returning at 11:00 a.m. when the class will start. Classes are the 2nd Wednesday of every month.

BORICUAS DE CORAZON **

Case Management/Resources

Contact: Linda Perez

Phone: 813-502-5021 or 954-496-1463

Address: 1291 Kingsway Road, Brandon, Florida 33510

Email: boricuasdecorazoninc@gmail.com

Website: boricuasdecorazoninc.com

Notes: Helps victims of all natural disasters. Provides resources to affordable housing agencies, food, shelter, and sustainable services in their native languages.

Hours: Monday-Friday 10:00 am-7:00 pm

CHILDREN'S BOARD FAMILY RESOURCE CENTER OF BRANDON **

Case Management/Resources

Contact: Nadine Dib, Solymar Medina

Phone: 813-740-4634

Address: 1271 Kingsway Road, Brandon, Florida 33510

Email: nadine.dib@lsfnet.org or Solymar.medinacruz@lsfnet.org

Website: www.familysupporthc.org

Notes: Early Childhood Service Coordination for children 0-5 years.

Hours: Monday & Saturday 9:00 am-5:00 pm; Tuesday & Thursday 9:00 am-7:00 pm; Wednesday & Friday 9:00 am-6:00 pm

CHILDREN'S HOME NETWORK

Case Management/Resources

Contact: Christina Ward

Phone: 813-901-3400

Address: 3924 Premier North Dr., Tampa, Florida 33618

Email: cward@childrenshomenetwork.org

Website: childrenshomenetwork.org

Notes: Case management for at-risk children and families

Hours: Call for services

CHRYSLAIS HEALTH **

Case Management/Resources

Contact: Nikolas Crespo

Phone: 813-443-4827

Address: 7821 N Dale Mabry Hwy, Tampa, Florida 33614

Email: nikolas.crespo@chrysalishealth.com

Website: www.chrysalishealth.com

Notes: For services, fill out form on website; contact & request a referral form

Hours: Monday -Friday 9:00 am-5:00 pm

ECHO-BRANDON **

Case Management/Resources

Contact: Daya Batts

Phone: 813-685-0935 x 8013

Address: 507 N Parsons Ave, Brandon, Florida 33510

Email: dbatts@echofl.org

Website: echofl.org

Notes: Residents of the following zip codes qualify for assistance: 33510, 33511, 33527, 33584, 33592, 33594, 33596, 33610

Hours: Monday-Friday 9:00 am-1:00 pm; Tuesday 5:00 pm-7:00 pm

ECHO-RIVERVIEW **

Case Management/Resources

Contact: Simeon Baxter

Phone: 813-540-9880, x 2006

Address: 10509 Riverview Dr, Riverview, Florida 33578

Email: sbaxter@echofl.org

Website: echofl.org

Notes: Residents of the following zip codes qualify for assistance: 33569, 33578, 33579, 33547, 33534, 33570, 33572, 33573, 33619

Hours: Monday-Friday 9:00 am-1:00 pm -Thursday 5:00 pm-7:00 pm

EMPATH PARTNERS IN CARE (EPIC) **

Case Management/Resources

Contact: Outreach Team

Phone: 813-237-3066

Address: 4703 North Florida Avenue, Tampa, Florida 33603

Email: No Specific Contact

Website: myepic.org

Notes: Comprehensive Wrap-around services for individuals living with HIV; Outreach & prevention.

Hours: Monday-Friday 8:30 am-5:00 pm

EMPATH PARTNERS IN CARE (EPIC) FRANCIS HOUSE **

Case Management/Resources

Contact: Stephanie Carr

Phone: 813-237-3066

Address: 4703 North Florida Avenue, Tampa, Florida 33603

Email: stephaniecarr@empathhealth.org

Website: myepic.org

Notes: Housing for HIV clients; Must be referred by case manager for housing.

Hours: Monday-Friday 8:30 am-5:00 pm

FAMILY HEALTHCARE FOUNDATION/HEALTH BEGINS NOW **

Case Management/Resources

Contact: Luis Rodriguez

Phone: 813-470-8500

Address: 5401 W. Kennedy Blvd, Suite 100, Tampa, Florida 33609

Email: luis@familyhealthcarefdn.org

Website: familyhealthcarefdn.org

Notes: Supports Hills. Cty health care members with resources to become & stay healthy; A personal Navigator offers this free support.

Hours: Monday-Friday 8:00 am-5:00 pm

FORGOTTEN ANGELS

Case Management/Resources

Contact: Cindy Tilley

Phone: 813-728-0461

Address: 3604 Little Stearns Rd., Valrico, Florida 33596

Email: ctilley@forgottenangelsflorida.org

Website: forgottenangelsflorida.org

Notes: Provides assistance for children who have aged out of foster care.

Hours: Call for an appointment: 813-728-0461 - No walk-ins permitted

GIVING HOPE THROUGH FAITH

Case Management/Resources

Contact: No specific contact

Phone: 813-685-6773

Address: 3433 Lithia Pinecrest Road Suite #342, Valrico, Florida 33596

Email: info@givinghopethroughfaith.org

Website: givinghopethroughfaith.org.

Notes: Help families experiencing cancer with resources and financial management.

Hours: Call for services

GOOD SAMARITAN MISSION **

Case Management/Resources

Contact: No specific contact

Phone: 813-634-7136

Address: 14920 Balm Wimauma Rd, Wimauma, Florida 33598

Email: gsmission1984@gmail.com

Website: gsmission.org

Notes: Seeds of Change-helping people help themselves. No rent/utility assistance. No pantry or clothes. Classes/tokens-purchase food, toys, clothes.

Hours: Call for registration

HISPANIC SERVICES COUNCIL **

Case Management/Resources

Contact: No specific contact

Phone: 813-936-7700

Address: 7825 N. Dale Mabry Suite 102, Tampa, Florida 33614

Email: No specific contact

Website: hispanicervicescouncil.org/programs--services-

Notes: Parent Engagement, Immigration, Legal, Healthy Living

Hours: Monday-Friday 10:00 am-7:00 pm

HOPE FOR HER

Case Management/Resources

Contact: No specific contact

Phone: 813-309-3357

Address: 140 Yarbrough Road, Brandon, Florida 33510

Email: admin@hopeforherfl.org

Website: hopeforherfl.org

Notes: Client needs to call for an appointment.

Hours: Monday-Thursday 9:00 am- 4:00 pm

LIFELINE HEALTH INC. **

Case Management/Resources

Contact: Jennifer Montanez

Phone: 813-532-0217

Address: 2005 W. Reynolds St., Plant City, Florida 33563

Email: jmontanez@lifelinehealthfl.org

Website: www.lifelinehealthfl.org

Notes: Free testing, treatment, and prevention for all STD's and STI's.

Hours: Walk-in, Online, or Call; Monday-Friday 9:00 am-2:00 pm; 6:00 pm-10:00 pm; Saturday 8:00 am-5:00 pm; Sunday by Appointment Only.

LOVE INC (IN THE NAME OF CHRIST) OF METRO TAMPA

Case Management/Resources

Contact: Chalette Davis

Phone: 813-222-5683 x1003

Address: 1001 N Florida Ave, Suite 301, Tampa, Florida 33602

Email: chalette@loveinctampa.org

Website: loveinctampa.org

Notes: The role of Love INC is not to replace the Church but to help churches distribute their skills, gifts, resources, and love to communities in need, In the Name of Christ.

Hours: Monday-Friday 9:00 am-1:00 pm

METROPOLITAN MINISTRIES (FIRST HUG) **

Case Management/Resources

Contact: No specific contact

Phone: 813-209-1006

Address: Call for services, Brandon, Florida 33510

Email: No specific contact

Website: metromin.org/firsthug

Notes: Case management for homeless families

Hours: Call for appointment or apply online

OUTREACH FREE CLINIC AND RESOURCE CENTER

Case Management/Resources

Contact: No specific contact

Phone: 813-654-1388

Address: 517 N Parsons Ave, Brandon, Florida 33510

Email: No specific contact

Website: theoutreachclinic.com

Notes: For eligibility: <http://theoutreachclinic.com/for-patients/to-be-eligible/>

Hours: Monday-Thursday 9:00 am-4:00 pm Call for appointment

PEOPLES LIFE INSTITUTE

Case Management/Resources

Contact: Linda Dougherty

Phone: 813-756-6350.

Address: 4305 S James L. Redman Pkwy, Plant City, Florida 33563

Email: pplife503@gmail.com

Website: peopleslifeinstitute.com

Notes: Practical, social and spiritual coaching and resources. Financial and Adult literacy

Hours: Call for appointment. Office hours Monday through Wednesday 9:00 am-1:00 pm

POSITIVE SPIN, INC.

Case Management/Resources

Contact: Patricia Lodge

Phone: 813-977-7677

Address: 5118 N 56 Street, Suite 224, Tampa, Florida 33610

Email: jmcmillion@positivespinfl.org

Website: Home-Positive Spin (positivespinfl.org)

Notes: We help families become self-sufficient.

Hours: Monday-Friday 8:30 am-5:00 pm; Call in, community referrals or walk-ins

REACHUP

Case Management/Resources

Contact: Elizabeth Good

Phone: 727-871-7281

Address: 2902 N Armenia Ave, Tampa, Florida 33607

Email: egood@reachupincorporated.org

Website: reachupincorporated.org

Notes: Growth Doula Services, Stress Reduction Devices, 24/7 Dads; COVID precautions in place, will meet face-to-face; Zoom, Facetime or as preferred

Hours: Monday-Friday 8:00 am-5:00 pm

SENIOR CONNECTION

Case Management/Resources

Contact: No specific contact

Phone: 813-740-3888

Address: 8928 Brittany Way, Tampa, Florida 33619

Email: No specific contact

Website: seniorconnectioncenter.org

Notes: Elder Helpline: information and referral assistance, Medicare Help. Elder Abuse Prevention

Hours: Call 1-800-963-5337 for assistance

SINCERA INC. SUPPORT SERVICES

Case Management/Resources

Contact: Molly Cintron

Phone: 813-258-8887

Address: 412 East Madison Street #1102, Tampa, Florida 33602

Email: info@sincerainc.onmicrosoft.com

Website: www.sincerainc.com

Notes: Behavioral/Mental Health/Case Management Family Support Services from birth-adult. Clients can fill out an online referral on website.

Hours: Monday-Friday 9:00 am-5:00 pm by appointment only

ST. VINCENT DE PAUL AT NATIVITY CHURCH

Case Management/Resources

Contact: No specific contact

Phone: 813-376-8901

Address: 705 E Brandon Blvd, Brandon, Florida 33511

Email: depaulvincent1981@gmail.com

Website: no website

Notes: 33510, 33511, 33594

Hours: Monday 11:00 am -2:00 pm

STEPS FOR SUCCESS PROGRAM

Case Management/Resources

Contact: No specific contact

Phone: 813-558-5212

Address: 14013 N 22nd St, Tampa, Florida 33613

Email: No specific contact

Website: uacdc.org

Notes: Call for appointment. Free children's programs. Gardening on Fridays with free produce. Exercise classes.

Hours: Call for services: Tuesday/Thursday-Exercise classes, Mon/Wed/Fri-Computer classes, Friday-9:00 am-11:00 AM Gardening

SUCCESS 4 KIDS & FAMILIES (HEALTHY START) **

Case Management/Resources

Contact: Tara Walker

Phone: 813-490-5490

Address: 2902 N. Armenia Ave. Suite 200, Tampa, Florida 33607

Email: twalker@s4kf.org

Website: s4kf.org

Notes: Provides moms, newborns and families with the resources support to develop a healthy pregnancy and healthy birth.

Hours:

SUCCESS 4 KIDS & FAMILIES (SUCCESSFUL FAMILIES) **

Case Management/Resources

Contact: Jorge Villada

Phone: 813-871-7412

Address: 2806 N. Armenia Ave. Suite 200, Tampa, Florida 33607

Email: jvillada@s4kf.org

Website: s4kf.org

Notes: Please contact program supervisor if you have any questions

Hours: Call for an appointment: Monday-Friday 8:30 am - 4:30 pm

SUCCESS 4 KIDS & FAMILIES (SUCCESSFUL KIDS) **

Case Management/Resources

Contact: No specific contact

Phone: 813-871-7412

Address: 2902 N. Armenia Ave. Suite 200, Tampa, Florida 33607

Email: referrals@s4kf.org

Website: s4kf.org

Notes: Case management to children experiencing emotional and/or behavioral challenges.

Hours: Call for an appointment

SUCCESS 4 KIDS & FAMILIES (SUCCESSFUL PARENTS) **

Case Management/Resources

Contact: No specific contact

Phone: 813-490-5490

Address: 2902 N. Armenia Ave. Suite 200, Tampa, Florida 33607

Email: No specific contact

Website: s4kf.org

Notes: Mental health services as well as becoming economically self-sufficient. Services are paid for through TANF funds.

Hours: Call for an appointment

SUNCOAST COMMUNITY HEALTH CENTER -BRANDON **

Case Management/Resources

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: 313 S. Lakewood Drive, Brandon, Florida 33511

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Marketplace and social services, outreach

Hours: Monday-Friday 7:30 am-5:00 pm

SUNCOAST COMMUNITY HEALTH CENTER -PALM RIVER **

Case Management/Resources

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: 7728 Palm River Road, Tampa, Florida 33619

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Marketplace and social services, outreach

Hours: Monday–Friday 7:30 am–5:00 pm

SUNCOAST COMMUNITY HEALTH CENTER -PLANT CITY **

Case Management/Resources

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: 801 E. Baker Street, Plant City, Florida 33563

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Marketplace and social services, outreach

Hours: Monday–Friday 7:30 am–5:00 pm

SUNCOAST COMMUNITY HEALTH CENTER -THONOTOSASSA **

Case Management/Resources

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: 9555 E Fowler Ave, Thonotosassa, Florida 33592

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Marketplace and social services, outreach

Hours: Monday–Friday 7:30 am–5:00 pm

SUNCOAST COMMUNITY HEALTH CENTER -TOM LEE CTR **

Case Management/Resources

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: 14254 Dr. Martin Luther King Blvd, Dover, Florida 33527

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Marketplace and social services, outreach

Hours: Monday–Friday 7:30 am–5:00 pm

UPLIFT SUPPORT SERVICES LLC

Case Management/Resources

Contact: Phyllis Powell

Phone: 813-703-2232 or 863-210-5952

Address: 4415 Florida National Drive Suite 108, Lakeland, Florida 33813

Email: upliftlakeland@gmail.com

Website: upliftfl.com

Notes: Resources, mental health, counseling, & IEP meetings.

Hours: Monday-Friday 9:00 am-5:00 pm; upliftfl.com and click on "Request for Service"

BETTER TOGETHER

Child Care

Contact: Ruth Pierce

Phone: 239-470-2733

Address: 15276 Collier Blvd. Suite 201-284, Naples, Florida 34119

Email: Ruth@bettertogetherus.org

Website: bettertogetherus.org

Notes: Offering support and preventative services that empower the whole person and the entire family.

Hours: 24 Hour Hot Line; Or submit a referral through www.bettertogetherus.org

EARLY LEARNING COALITION

Childcare

Contact: No specific contact

Phone: 813-515-2340

Address: 6302 E Martin Luther King Blvd, Suite 100, Tampa, Florida 33619

Email: No specific contact

Website: elhc.org

Notes: Childcare vouchers, screenings, parent resources

Hours: Schedule appointments online at www.elhc.org or call 813-515-2340 or visit our office; hours are M-F 8:00 am-5:00 pm

HEAD START/EARLY HEAD START HILLSBOROUGH COUNTY **

Childcare

Contact: Maria Garcia

Phone: 813-557-6142

Address: 3402 North 22nd St., Tampa, Florida 33602

Email: garciamg@Hillsboroughcounty.org

Website: hillsboroughcounty.org/en/government/departments/head-start

Notes: Free child care available for children from low-income families between 0-5 years old. Early Head Start is for children 0-3; Head Start is for children 3-5 years old.

Hours: Apply online: hillsboroughcounty.org/residents/families/education-and-schools/action-folder/head-start

REDEFINERS WORLD LANGUAGES **

Childcare

Contact: Fatima Abdalla

Phone: 813-530-2313

Address: 8056 North 56th Street, Tampa, Florida 33617

Email: fatima@redefinierswl.org

Website: www.redefinierswl.org

Notes: ReDefining language learning by increasing access to high-quality language enrichment programs for all learners regardless of age or income.

Hours: 10am-6pm; Apply for services with www.redefinierswl.org

SAFE FAMILIES FOR CHILDREN **

Childcare

Contact: Jewel Photopulos

Phone: 813-703-0075

Address: PO Box 958, Palm Harbor, Florida 34682

Email: jphotopulos@safefamilies.net

Website: www.safe-families.org

Notes: Request for help online through website.

Hours: Monday-Friday 9:00 am -5:00 pm

YMCA EARLY HEAD START **

Childcare

Contact: No specific contact

Phone: 813-676-5073

Address: 110 E Oak Ave, Tampa, Florida 33602

Email: ehs@tampaymca.org

Website: tampaymca.org

Notes: Partners with child care homes providing full-day, full-year services to children and their families, age's birth to three years for income eligible families.

Hours: Call for an appointment or apply online

YMCA NORTH BRANDON

Childcare

Contact: No specific contact

Phone: 813-685-5402

Address: 3097 Kingsway Road, Seffner, Florida 33584

Email: No specific contact

Website: tampaymca.org

Notes: Afterschool and extracurricular activities for children

Hours: Monday-Thursday 5:00 am-9:30 pm, Friday 5:00 am-8:30 pm, Saturday 7:00 am-6:00 pm, Sunday 10:00 am-5:00 pm

BETH-EL FARM WORKER MINISTRY **

Clothing

Contact: No specific contact

Phone: 813-663-1548

Address: 18240 US HWY S 301, Wimauma, Florida 33598

Email: info@beth-el.org

Website: beth.el.org

Notes: Farm Workers only. Clothes for children and adults

Hours: Apply in person; Summer Hrs: Monday-Thursday 8:30am-4:30pm;

Regular Hours: Tuesday, Thursday, Friday 8:30 am-4:30 pm; Wednesday 8:30am-6:00pm

CHILDREN'S BOARD FAMILY RESOURCE CENTER OF BRANDON **

Clothing

Contact: Nadine Dib, Solymar Medina

Phone: 813-740-4634

Address: 1271 Kingsway Road, Brandon, Florida 33510

Email: nadine.dib@lsfnet.org or Solymar.medinacruz@lsfnet.org

Website: www.familysupporthc.org

Notes: Call for more information

Hours: Monday & Saturday 9:00 am-5:00 pm; Tuesday & Thursday 9:00 am-7:00 pm; Wednesday & Friday 9:00 am-6:00 pm

COMPASSION HOUSE FIRST BAPTIST CHURCH

Clothing

Contact: No specific contact

Phone: 813-689-1204

Address: 216 N. Parsons Avenue, Brandon, Florida 33510

Email: No specific contact

Website: fbcbrandon.org

Notes: Pantry; Bring Picture ID & Birth Cert./SS Card for ea. Dependent

Hours: Tuesday Evenings 5:30 pm-7:30 pm, Wednesday 10:00 am-10:00 pm

ECHO-BRANDON **

Clothing

Contact: Diana Mazid

Phone: 813-685-0935 x 8002

Address: 507 N Parsons Ave, Brandon, Florida 33510

Email: dmazid@echofl.org

Website: echofl.org

Notes: Residents of the following zip codes qualify for assistance: 33510, 33511, 33527, 33584, 33592, 33594, 33596, 33610

Hours: Monday-Friday 9:00 am-1:00 pm; Tuesday 5:00 pm-7:00 pm

ECHO-RIVERVIEW **

Clothing

Contact: Savanna Thompson

Phone: 813-540-9880, x 2001

Address: 10509 Riverview Dr, Riverview, Florida 33578

Email: savanna@echofl.org

Website: echofl.org

Notes: Residents of the following zip codes qualify for assistance: 33569, 33578, 33579, 33547, 33534, 33570, 33572, 33573, 33619

Hours: Monday-Friday 9:00 am-1:00 pm -Thursday 5:00 pm-7:00 pm

LIGHTHOUSE MINISTRIES-BRANDON

Clothing

Contact: No specific contact

Phone: 863-687-4076 x231

Address: 535 E. Brandon Blvd., Brandon, Florida 33511

Email: No specific contact

Website: lighthousemin.org

Notes: Photo ID's or Passports for all members over 18, & SS or Birth Certificates for all members in household are required for assistance

Hours: Call for an appointment: Tuesday, Wednesday and Thursday

LIGHTHOUSE MINISTRIES-PLANT CITY

Clothing

Contact: No specific contact

Phone: 863-687-4076 x248

Address: 2410 W. Baker Street, Plant City, Florida 33563

Email: No specific contact

Website: lighthousemin.org

Notes: ID's/Passports for all members over 18, & SS or Birth Cert. for all in household are required for assistance.

Hours: Submit applications @lighthousemin.org/I Need Help/Services/Apply for Hope Assistance to schedule an appointment.

MISSION HILL CHURCH -SIX MILE

Clothing

Contact: Matthew Crawford

Phone: 813-988-1138

Address: 4038 N. Falkenburg Road, Tampa, Florida 33610

Email: mcrawford@missionhiil.org

Website: fbctt.org

Notes: Emergency Clothes

Hours: Friday 6 pm

RESTORATION & PURPOSE COMMUNITY OUTREACH

Clothing

Contact: Dr. Tracy Spencer-Sandolph

Phone: 813-657-0117

Address: 1085 East Brandon Blvd., Brandon, Florida 33511

Email: tspencersandolph@restorationandpurpose.org

Website: www.restorationandpurpose.org

Notes: Provides resources to individuals, families, and agencies

Hours: Tuesday & Friday 9:30 am-12:30pm; Monday by appointment only

ST. FRANCIS OF ASSISI CATHOLIC CHURCH

Clothing

Contact: No specific contact

Phone: 813-681-9115

Address: 4450 County Road 579, Seffner, Florida 33584

Email: sfaseffner@tampabay.rr.com

Website: stfranciscc.com

Notes: Clothes for families in need. Walk-ins or appointment. Registration required for food and clothing.

Hours: Wednesday 1:00 pm-3:00 pm

ARISE CHURCH - HEALING HOUSE/SOZO MINISTRY

Counseling

Contact: Debbie Youngblood

Phone: 813-689-2345

Address: 401 Pauls Drive, Brandon, Florida 33511

Email: info@myarisechurch.com

Website: myarisechurch.com/prayer

Notes: Hosted on the ARISE Brandon campus on the 1st and 3rd Tuesday of every month from 7:00 pm-9:00 pm. Pre-register

Hours: Apply online: hillsboroughcounty.org/residents/families/education-and-schools/action-folder/head-start

BAYLIFE COUNSELING CENTER

Counseling

Contact: Brenton Shephard

Phone: 813-319-0183

Address: 140 Yarbrough Road, Brandon, Florida 33510

Email: bshephard@baylife.org

Website: baylife.org/counseling

Notes: Christian Counseling

Hours: Call for an appointment

CORBETT TRAUMA CENTER **

Counseling

Contact: No specific contact

Phone: 813-264-9955

Address: 2806 N Armenia, Tampa, Florida 33607

Email: No specific contact

Website: crisiscenter.com

Notes: Trauma Counseling for adults and children including sexual abuse or sexual assault, domestic violence, emotional abuse, physical abuse or physical assault, human trafficking

Hours: Call for an appointment: Monday-Friday 8:00 am-5:00 pm

CRISIS CENTER OF TAMPA BAY **

Counseling

Contact: No specific contact

Phone: 813-453-2420

Address: One Crisis Center Plaza, Tampa, Florida 33613

Email: No specific contact

Website: crisiscenter.com

Notes: Sexual Assault Services

Hours: Friday & Saturday

EMPATH PARTNERS IN CARE (EPIC) FRANCIS HOUSE **

Counseling

Contact: Stephanie Carr

Phone: 813-237-3066

Address: 4703 North Florida Avenue, Tampa, Florida 33603

Email: stephaniecarr@empathhealth.org

Website: myepic.org

Notes: Housing for HIV clients; Must be referred by case manager for housing

Hours: Monday-Friday 8:30 am-5:00 pm

GOODFELLAS IMPACT COALITION

Counseling

Contact: Tonya/Danny

Phone: 813-531-4247

Address: Call for services, County Wide, Florida all

Email: goodfellasimpactcoalition@gmail.com

Website: goodfellasimpactcoalition.org

Notes: Knowledge and resources necessary to make informed decisions and start their own businesses

Hours: Monday-Friday 9:00 am-5:00 pm; Call or email for services

LIFELINE HEALTH INC. **

Counseling

Contact: Jennifer Montanez

Phone: 813-532-0217

Address: 2005 W. Reynolds St., Plant City, Florida 33563

Email: jmontanez@lifelinehealthfl.org

Website: www.lifelinehealthfl.org

Notes: Free testing, treatment, and prevention for all STD's and STI's.

Hours: Walk-in, Online, or Call; Monday-Friday 9:00 am-2:00 pm; 6:00 pm-10:00 pm; Saturday 8:00 am-5:00 pm; Sunday by Appointment Only.

MISSION OF HOPE

Counseling

Contact: Dr. Reba Haley

Phone: 813-716-3996

Address: 212 S. St. Cloud Ave., Valrico, Florida 33594

Email: tbmissionoffhope@gmail.com

Website: tbmissionoffhope.org

Notes: Counseling and Support Services

Hours: Monday through Friday 9:00 am-5:00 pm call for appointment

NATIVITY CATHOLIC CHURCH PASTORAL CARE OFFICE

Counseling

Contact: Bonnie Ussery

Phone: 813-681-4608 or 813-413-8351

Address: 201 South Oakwood, Brandon, Florida 33511

Email: bonnie@nativitycatholicchurch.org

Website: nativitycatholicchurch.org

Notes: Counseling for families, children, marriage and individuals;

Hours: Monday-Thursday 8:30 am-4:00 pm (closed for lunch at noon), Friday 8:30 am-12:00 pm

NEW HOPE CHURCH

Counseling

Contact: Rev. Vicki Harrison

Phone: 813-689-4161

Address: 213 N Knights Ave, Brandon, Florida 33510

Email: vicki@findnewhope.com

Website: findnewhope.com

Notes: Spiritual counseling by appointment only. Masks required on campus. COVID precautions in place

Hours: Monday-Thursday 9:00 am-4:00 pm; closed Friday

OPERATION LIGHT FORCE **

Counseling

Contact: Coco (Dawn Leonard)

Phone: 863-430-3371

Address: 12735 E Wheeler Dr, Dover, Florida 33527

Email: olfappt@gmail.com

Website: operationlightforce.com

Notes: Emotional and spiritual care to deal with every day challenges, crisis and complex trauma including human trafficking. Provides ministry sessions, classes and small groups

Hours: For appointment email olfappt@gmail.com or call 813-657-6147

R.E.A.C.H REAL ESTATE EDUCATION AND COMMUNITY HOUSING INC.

Counseling

Contact: No specific contact

Phone: 855-487-3224

Address: 4006 S. MacDill Avenue, Tampa, Florida 33611

Email: housing@rreach4housing.org

Website: www.reachforhousing.org

Notes: Home ownership through education, counseling and grant assistance

Hours: M-F 9am-5pm; Apply for services through www.kreach4housing.org or call 855-48-REACH

SUCCESS 4 KIDS & FAMILIES (SUCCESSFUL FAMILIES) **

Counseling

Contact: Jeanette Soberal

Phone: 813-871-7412

Address: 2806 N. Armenia Ave. Suite 200, Tampa, Florida 33607

Email: jsoberal@s4kf.org

Website: s4kf.org

Notes: Case management for families experiencing emotional and/or behavioral challenges

Hours:

UPLIFT SUPPORT SERVICES LLC

Counseling

Contact: Phyllis Powell

Phone: 813-703-2232 or 863-210-5952

Address: 4415 Florida National Drive Suite 108, Lakeland, Florida 33813

Email: upliftlakeland@gmail.com

Website: upliftfl.com

Notes: Resources, mental health, counseling, & IEP meetings

Hours: Monday-Friday 9:00 am-5:00 pm; upliftfl.com and click on "Request for Service"

CAREER SOURCE TAMPA BAY **

Credit Counseling

Contact: No specific contact

Phone: 813-930-7832

Address: 9215 N. Florida Ave., Tampa, Florida 33612

Email: No specific contact

Website: careersourcetampabay.com

Notes: Credit Counseling Services

Hours: Monday-Friday 8 am-5 pm - all locations

HILLSBOROUGH COUNTY EXTENSION OFFICE

Credit Counseling

Contact: Diane Converse

Phone: 813-744-5519

Address: 5339 County Rd. 579, Seffner, Florida 33584

Email: No specific contact

Website: hillsborough.ifas.ufl.edu

Notes: See website for current classes

Hours: Call for an appointment: Monday -Friday 8:00 am-5:00 pm

BETH-EL FARM WORKER MINISTRY **

Dental

Contact: No specific contact

Phone: 813-663-1548

Address: 18240 US HWY S 301, Wimauma, Florida 33598

Email: info@beth-el.org

Website: beth.el.org

Notes: Farm workers only. Call for more information

Hours: Apply in person; Summer Hrs: Monday-Thursday 8:30am-4:30pm;

Regular Hours: Tuesday, Thursday, Friday 8:30 am-4:30 pm; Wednesday

8:30am-6:00pm

CHILDREN'S BOARD FAMILY RESOURCE CENTER OF BRANDON **

Dental

Contact: Nadine Dib, Solymar Medina

Phone: 813-740-4634

Address: 1271 Kingsway Road, Brandon, Florida 33510

Email: nadine.dib@lsfn.net or Solymar.medinacruz@lsfn.net.org

Website: www.familysupporthc.org

Notes: Services provided by Suncoast

Hours: Monday & Saturday 9:00 am-5:00 pm; Tuesday & Thursday 9:00 am-

7:00 pm; Wednesday & Friday 9:00 am-6:00 pm

SUNCOAST COMMUNITY HEALTH CENTER -MOBILE DENTAL COACH

**

Dental

Contact: Chante Miller

Phone: 813-653-6126

Address: Call for locations, County Wide, Florida all

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Call for an appointment

Hours: Call for more information.

SUNCOAST COMMUNITY HEALTH CENTER -PALM RIVER **

Dental

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: 7728 Palm River Road, Tampa, Florida 33619

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Dental services, x-ray for ages 14 and up

Hours: Monday–Friday 7:30 am–5:00 pm

SUNCOAST COMMUNITY HEALTH CENTER -PLANT CITY **

Dental

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: 801 E. Baker Street, Plant City, Florida 33563

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Adult and pediatric dental services, x-ray ages 1 and up

Hours: Monday–Friday 7:30 am–5:00 pm

SUNCOAST COMMUNITY HEALTH CENTER -RUSKIN **

Dental

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: 2814 14th Ave SE, Ruskin, Florida 33570

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Adult/pediatric dental services, x-ray ages 1 and up

Hours: Monday–Friday 7:30 am–5:00 pm

SUNCOAST COMMUNITY HEALTH CENTER -TOM LEE CTR **

Dental

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: 14254 Dr. Martin Luther King Blvd, Dover, Florida 33527

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Adult and pediatric dental services for newborn and up

Hours: Monday–Friday 7:30 am–5:00 pm

HCC DENTAL CLINIC

Dental

Contact: No specific contact

Phone: 813-253-7527

Address: 4001 W Tampa Bay Blvd, Tampa, Florida 33614

Email: hccdentalclinic@hccfl.edu

Website: hccfl.edu/academics/subjects/health-and-medical/dental

Notes: Free dental care-Dental hygiene services. Call to schedule an appointment. Clinic days and hours are subject to change without notice due to training seminars.

Hours: Clinic Days and Hygiene Service Hours - Mon-Tue-Thu-8:00 am-11:30 am and 12:30 pm-4:00 pm. Wed-8:00 am-11:30 am

SUNCOAST COMMUNITY HEALTH CENTER -BRANDON **

Dental

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: 313 S. Lakewood Drive, Brandon, Florida 33511

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Pediatric dental services only starting at age 1

Hours: Monday–Friday 7:30 am–5:00 pm

HCSO-VICTIM ADVOCATE **

Domestic Violence

Contact: No specific contact

Phone: 813-247-8530

Address: Call for services, County Wide, Florida all

Email: victimspecialist@teamhcso.com

Website: teamhcso.com/Section/cff592ad-de7d-4546-9291-128100e5409d/Behavioral-Resources-Unit

Notes: Assist victims of domestic violence and violent crime

Hours:

RESTORATION & PURPOSE COMMUNITY OUTREACH

Domestic Violence

Contact: Dr. Tracy Spencer-Sandolph

Phone: 813-657-0117

Address: 1085 East Brandon Blvd., Brandon, Florida 33511

Email: tspencersandolph@restorationandpurpose.org

Website: www.restorationandpurpose.org

Notes: Providing resources to individuals, families, and agencies; We build strong relationships among our communities and families

Hours: Tuesday & Friday 9:30 am-12:30pm; Monday by appointment only

THE SPRING OF TAMPA BAY **

Domestic Violence

Contact: No specific contact

Phone: 813-247-7233

Address: They will give instructions over the phone., County Wide, Florida all

Email: info@thespring.org

Website: thespring.org

Notes: Assistance finding shelter and information about domestic violence

Hours: Call 24 hour Crisis Hotline Number (813-247-7233) for emergency help.

For non-emergency, call outreach office case manager 813-749-8764

BRANDON HIGH SCHOOL ADULT EDUCATION **

Education/GED

Contact: Susan Balke

Phone: 813- 744-8131

Address: 1101 Victoria St, Brandon, Florida 33510

Email: No specific contact

Website: brandonadulteducation.mysdhc.org

Notes: Offers GED, TABE Testing, ESOL

Hours: Monday-Thursday 1:00 pm-9:00 pm; Friday 7:00 am-3:00 pm

EARLY CHILDHOOD COUNCIL **

Education/GED

Contact: No specific contact

Phone: 813-837-7723

Address: 4210 W Bay Villa Ave, Tampa, Florida 33611

Email: No specific contact

Website: ecctampabay.org/community-developmental-screening-program

Notes: Child developmental screening

Hours: To schedule a screening call 813-837-7723 or apply online

EARLY STEPS **

Education/GED

Contact: No specific contact

Phone: 813-974-0602

Address: 13101 N. Bruce B. Downs Blvd, Tampa, Florida 33612

Email: No specific contact

Website: floridahealth.gov/programs-and-services/childrens-health/early-steps

Notes: Child developmental screening birth to 36 months

Hours: Call for an appointment: 813-974-0602

ENTERPRISING LATINAS **

Education/GED

Contact: Georgina Romero

Phone: 813-699-6905

Address: 5128 State Road 674, Wimauma, Florida 33569

Email: georgina.romero@enterprisinglatinas.org

Website: www.enterprisinglatinas.org

Notes: We Empower women & their families; We offer bilingual trainings & workshops.

Hours: Call to make an appointment; Membership free; Monday-Friday 8:30 am-6:00 pm

ERWIN TECHNICAL COLLEGE **

Education/GED

Contact: No specific contact

Phone: 813-769-5180

Address: 2010 E. Hillsborough Ave., Tampa, Florida 33610

Email: No specific contact

Website: erwin.edu

Notes: Technical education.

Hours: Call for appointment. Check website for various programs.

FDLRS CHILD FIND

Education/GED

Contact: No specific contact

Phone: 813-272-4000

Address: 901 E. Kennedy, Tampa, Florida 33603

Email: No specific contact

Website: fdlrs.mysdhc.org/ChildFind/Child_Find_Screenings

Notes: Child developmental screening birth to age 21

Hours: To schedule a screening call 813-837-7723

HILLSBOROUGH COUNTY PUBLIC SCHOOLS-ADULT & CAREER SERVICES CENTER **

Education/GED

Contact: Druci Diaz

Phone: 813-231-1662

Address: 5410 N. 20th St, Tampa, Florida 33610

Email: druci.diaz-phelps@hcps.net

Website: hillsboroughschools.org/Page/4763

Notes: Bilingual adult education services, GED & ESOL or transition to technical program.

Hours: Monday-Friday 7:30 am-4:00 pm

HISPANIC SERVICES COUNCIL **

Education/GED

Contact: Danissa Maldonado

Phone: 813-936-7700

Address: 3805 John Moore Road, Brandon, Florida 33511

Email: danissa.maldonado@hispanicservicescouncil.org

Website: hispanicservicescouncil.org/programs--services-

Notes: Parent Engagement, Immigration, Legal, Healthy Living

Hours: Call for an appointment

HISPANIC SERVICES COUNCIL/LA RED DE PADRES ACTIVOS **

Education/GED

Contact: Maria Garavito

Phone: 813-936-7700

Address: 7825 N. Dale Mabry Hwy Suite 2, Tampa, Florida 33614

Email: maria.garavito@hispanicservisescouncil.org

Website: hispanicservicescouncil.org/programs--services-

Notes: Parent Engagement, Immigration, Legal, Healthy Living

Hours: Monday-Friday 9:00 am-6:00 pm

LIGHTHOUSE MINISTRIES-TAMPA **

Education/GED

Contact: Cheryl Hart

Phone: 863-687-4076 x271

Address: 1502 E 2nd Ave., Tampa, Florida 33605

Email: chart@lighthousemin.org

Website: lighthousemin.org

Notes: ID's/Passports for all members over 18, & SS or Birth Cert. for all in household are required for assistance.

Hours: Call for an appointment

UNBROKEN DREAMS INC

Education/GED

Contact: Daphne Thomas

Phone: 813-330-0638

Address: Apply online for services, County Wide, Florida all

Email: Daphne@unbrokendrearms.net

Website: unbrokendrearmsinc.org

Notes: To offer felons, homeless, and disadvantaged people the opportunity to fulfill their potential and move towards an independent lifestyle and positive future.

Hours: Apply online for services or call 813-330-0638

ABUSE HOTLINE **

Emergency Numbers

Contact: No specific contact

Phone: 800-962-2873

Address: Apply online for services, County Wide, Florida all

Email: No specific contact

Website: myffamilies.com/service-programs/abuse-hotline

Notes: Report abuse for children, adults or disabled

Hours: 24 hours a day

CRISIS CENTER OF TAMPA BAY **

Emergency Numbers

Contact: No specific contact

Phone: 211

Address: One Crisis Center Plaza, Tampa, Florida 33613

Email: No specific contact

Website: crisiscenter.com

Notes: Resource and referral, 24 hours crisis counseling

Hours: 24 hours call 211

FIND HELP FLORIDA

Emergency Numbers

Contact: No specific contact

Phone: no phone number

Address: Apply online for services, County Wide, Florida all

Email: No specific contact

Website: findhelp.org

Notes: Text "HOME" to 741741 to connect with a Crisis Counselor

Hours: Apply online

GRACEPOINT MOBILE CRISIS TEAM **

Emergency Numbers

Contact: No specific contact

Phone: 813-272-2958

Address: 2212 E. Henry Ave., Tampa, Florida 33610

Email: No specific contact

Website: gracepointwellness.org

Notes: 24 hours a day, 7 days a week to adults experiencing a mental health crisis.

Hours: 24 hours a day

HILLSBOROUGH COUNTY SHERIFF **

Emergency Numbers

Contact: No specific contact

Phone: 911

Address: Call for services, County Wide, Florida all

Email: No specific contact

Website: no website

Notes: Emergency assistance

Hours: Call 24 hours a day

BETTER TOGETHER

Employment

Contact: Ruth Pierce

Phone: 239-470-2733

Address: 15276 Collier Blvd. Suite 201-284, Naples, Florida 34119

Email: Ruth@bettertogetherus.org

Website: bettertogetherus.org

Notes: Offering support and preventative services that empower the whole person and the entire family.

Hours: 24 Hour Hot Line; Or submit a referral through www.bettertogetherus.org

CAREER SOURCE TAMPA BAY **

Employment

Contact: No specific contact

Phone: 813-930-7832

Address: 9350 Bay Plaza Blvd. Suite 121, Tampa, Florida 33619

Email: No specific contact

Website: careersourcetampabay.com/locations

Notes: Employment assistance, WIA

Hours: Monday-Friday 8:00 am -5:00 pm

CAREER TRANSITIONS- ST. STEPHEN'S CATHOLIC CHURCH

Employment

Contact: John and Sheila Nemia

Phone: 813-672-2552

Address: 10424 St Stephen Cir, Riverview, Florida 33569

Email: Career_Transition@ststephencatholic.org

Website: ststephencatholic.org/ministries

Notes: Class held at school on Boyette Rd.

Hours: Monday-7:00 pm

CHILDREN'S BOARD FAMILY RESOURCE CENTER OF BRANDON **

Employment

Contact: Nadine Dib, Solymar Medina

Phone: 813-740-4634

Address: 1271 Kingsway Road, Brandon, Florida 33510

Email: nadine.dib@lsfnet.org or Solymar.medinacruz@lsfnet.org

Website: www.familysupporthc.org

Notes: Services provided by Career Source.

Hours: Monday & Saturday 9:00 am-5:00 pm; Tuesday & Thursday 9:00 am-7:00 pm; Wednesday & Friday 9:00 am-6:00 pm

DRESS FOR SUCCESS

Employment

Contact: Katie McGill

Phone: 813-259-1876

Address: 1705 N Howard Ave, Tampa, Florida 33607

Email: tampabay@dressforsuccess.org

Website: tampabay.dressforsuccess.org

Notes: Clothes for employment.

Hours: Monday-Thursday 10:00 am-4:00 pm

ECHO-BRANDON **

Employment

Contact: Dianne Horncastle

Phone: 813-685-0935 x 8007

Address: 507 N Parsons Ave, Brandon, Florida 33510

Email: opportunity@echofl.org

Website: echofl.org

Notes: Residents of the following zip codes qualify for assistance: 33510, 33511, 33527, 33584, 33592, 33594, 33596, 33610

Hours: Monday-Friday 9:00 am-1:00 pm; Tuesday 5:00 pm-7:00 pm

ECHO-RIVERVIEW **

Employment

Contact: Dianne Horncastle

Phone: 813-685-0935 x 8007

Address: 10509 Riverview Dr, Riverview, Florida 33578

Email: opportunity@echofl.org

Website: echofl.org

Notes: Residents of the following zip codes qualify for assistance: 33569, 33578, 33579, 33547, 33534, 33570, 33572, 33573, 33619

Hours: Monday-Friday 9:00 am-1:00 pm -Thursday 5:00 pm-7:00 pm

ENTERPRISING LATINAS **

Employment

Contact: Georgina Romero

Phone: 813-699-6905

Address: 5128 State Road 674, Wimauma, Florida 33569

Email: georgina.romero@enterprisinglatinas.org

Website: www.enterprisinglatinas.org

Notes: We Empower women & their families; We offer bilingual trainings & workshops.

Hours: Call to make an appointment; Membership free; Monday-Friday 8:30 am-6:00 pm

FAMILY HEALTHCARE FOUNDATION/HEALTH BEGINS NOW **

Employment

Contact: Luis Rodriguez

Phone: 813-470-8500

Address: 5401 W. Kennedy Blvd, Suite 100, Tampa, Florida 33609

Email: luis@familyhealthcarefdn.org

Website: familyhealthcarefdn.org

Notes: Supports Hills. Cty health care members with resources to become & stay healthy; A personal Navigator offers this free support.

Hours: Monday-Friday 8:00 am-5:00 pm

GOODFELLAS IMPACT COALITION

Employment

Contact: Tonya/Danny

Phone: 813-531-4247

Address: No specific contact, County Wide, Florida all

Email: goodfellasimpactcoalition@gmail.com

Website: goodfellasimpactcoalition.org

Notes: Participants gain the knowledge and resources necessary to make informed decisions, start their own businesses

Hours: Monday-Friday 9:00 am-5:00 pm; Call or email for services

GOODWILL JOB CONNECTION CENTER **

Employment

Contact: Marlene LynCook

Phone: 813-302-9405

Address: 10739 Big Bend Road, Riverview, Florida 33579

Email: jobconnection@goodwill-suncoast.com

Website: myjobconnection.org

Notes: The center is a place where job seekers can access resources and develop skills that can lead to greater employment success.

Hours: In-person service: Monday-Thursday 10:00 am-2:00 pm; Service by phone: Call 727-282-4478 Monday-Friday 10:00 am-2:00 pm

HOMELESS VETERANS REINTEGRATION PROGRAM

Employment

Contact: No specific contact

Phone: 813-635-8316

Address: 13605 N. 22nd St., Tampa, Florida 33613

Email: No specific contact

Website: hillsboroughcounty.org/veterans

Notes: Homeless Veterans County Wide

Hours: Call for an appointment

HOPE FOR HER

Employment

Contact: No specific contact

Phone: 813-309-3357

Address: 140 Yarbrough Road, Brandon, Florida 33510

Email: admin@hopeforherfl.org

Website: hopeforherfl.org

Notes: Call for an appointment.

Hours: Monday-Thursday 9:00 am- 4:00 pm

PEOPLES LIFE INSTITUTE

Employment

Contact: Linda Dougherty

Phone: 813-756-6350.

Address: 4305 S James L. Redman Pkwy, Plant City, Florida 33563

Email: pplife503@gmail.com

Website: peopleslifeinstitute.com

Notes: Job training, resume building, fax, copy, print docs

Hours: Call for appointment. Office hours Monday through Wednesday 9:00 am-1:00 pm

THE CENTRE FOR WOMEN

Employment

Contact: No specific contact

Phone: 813-210-9720

Address: 305 S. Hyde Park Ave., Tampa, Florida 33606

Email: No specific contact

Website: thecentre.org

Notes: Women Building Futures trains women to enter the construction trades through the NCCER Core and OSHA-10 certification programs.

Hours: Call for class schedule.

TICKET TO WORK/VOC REHAB

Employment

Contact: No specific contact

Phone: 813-930-7633

Address: Apply online for services, County Wide, Florida all

Email: DisabilityProgramNavigator@careersourcetb.com

Website: careersourcetampabay.com/persons-with-disabilities/

Notes: Social Security Administration's Ticket to Work Program supports career development for people with disabilities who want to find meaningful work

Hours: Apply on line

ANGEL FOUNDATION FL

Families and Children

Contact: Liz Brewer

Phone: 813-689-6889

Address: 1210 Millennium Parkway#2010, Brandon, Florida 33511

Email: liz@angelfoundationfl.com

Website: angelfoundationfl.com

Notes: Partner with businesses and individuals to be caring resources for families in our community experiencing temporary crisis due to a life threatening or catastrophic event.

Hours: Monday-Friday 9:00 am-5:00 pm. Apply online: angelfoundationfl.com/request-assistance

BRANDON RECREATION CENTER

Families and Children

Contact: No specific contact

Phone: 813-635-8179

Address: 510 E Sadie Street, Brandon, Florida 33510

Email: No specific contact

Website: hcflgov.net

Notes: STEM Program, Karate, Judo, After school, Tiny Tot

Hours: Monday-Friday 9:00 am-9:00 pm

CHILDRENS HOME NETWORK

Families and Children

Contact: No specific contact

Phone: 813-855-4436

Address: 3450 Buschwood Park Dr., Suite 195, Tampa, Florida 33618

Email: No specific contact

Website: childrenshomenetwork.org

Notes: Kinship care for relative caregivers, SEEDS for educational and developmental services and foster care services.

Hours: Call for an appointment

FIRST BAPTIST CHURCH OF BLOOMINGDALE

Families and Children

Contact: Crystal Jenkins

Phone: 813-689-3847

Address: 3303 Bloomingdale Ave, Valrico, Florida 33596

Email: fbcbloomingdale3303@yahoo.com

Website: bloomingdale3303.vistaprintdigital.com

Notes: Offers small groups, worship times and Wednesday Prayer Meeting at 6:00 pm

Hours: Call 813-689-3847 for more information

FLORIDA SHERIFFS YOUTH RANCHES

Families and Children

Contact: Intake Coordinators

Phone: 800-765-3797

Address: 2486 Cecil Webb Place, Live Oak, Florida 32060

Email: No specific contact

Website: youthranches.org

Notes: Free 24/7 support at your fingertips.

Hours: Call 800-765-3797 for more information or visit website at www.youthranches.org.

HEALTHY FAMILIES HILLSBOROUGH **

Families and Children

Contact: Carmen Siegfried

Phone: 317-370-7722

Address: 2806 N Armenia Ave, Suite 100, Tampa, Florida 33607

Email: csiegfried@hstart.org

Website: healthystartcoalition.org/healthy-families

Notes: The program is designed to support each parent by offering wrap around support during and after pregnancy.

Hours: Call for an appointment or fill out contact info on website. Monday-Friday 8:30-4:30 pm

LIGHTHOUSE MINISTRIES-TAMPA **

Families and Children

Contact: Joe Vazquez

Phone: 863-687-4076 x105

Address: 1502 E 2nd Ave., Tampa, Florida 33605

Email: jvazquez@lighthousemin.org

Website: lighthousemin.org

Notes: ID's/Passports for all members over 18, & SS or Birth Cert. for all in household are required for assistance.

Hours: Call for an appointment

LIVE THE PROMISE FOSTER FAMILY SUPPORT GROUP

Families and Children

Contact: Bonnie Ussery

Phone: 813-681-4608 or 813-413-8351

Address: 705 East Brandon Blvd, Brandon, Florida 33511

Email: bonnie@nativitycatholicchurch.org

Website: nativitycatholicchurch.org

Notes: Ministry of Encouragement and Support of foster families in the Brandon area.

Hours: Monday-Thursday 8:30 am-4:00 pm (closed for lunch at noon), Friday 8:30 am-12:00 pm

PALM RIVER FAMILY SERVICES

Families and Children

Contact: No specific contact

Phone: 813-628-9179

Address: 7454 Palm River Road, Tampa, Florida 33619

Email: info@thepointcdc.com

Website: palmriverfamilyservices.com

Notes: Family Programs, parenting

Hours: Monday-Friday 9:00 am-4:00 pm

SUCCESS 4 KIDS & FAMILIES (SUCCESSFUL FAMILIES) **

Families and Children

Contact: Jorge Villada

Phone: 813-871-7412

Address: 2806 N. Armenia Ave. Suite 200, Tampa, Florida 33607

Email: jvillada@s4kf.org

Website: s4kf.org

Notes: Please contact program supervisor if you have any questions

Hours: Call for an appointment: Monday-Friday 8:30 am - 4:30 pm

PLANT CITY COMMUNITY RESOURCE CENTER

Financial Assistance

Contact: No specific contact

Phone: 813- 757-3871

Address: 307 N Michigan Ave, Plant City, Florida 33563

Email: No specific contact

Website: hillsboroughcounty.org

Notes: East Hillsborough

Hours: Monday-Friday 7:30 am-5:00 pm

R.E.A.C.H REAL ESTATE EDUCATION AND COMMUNITY HOUSING INC.

Financial Assistance

Contact: No specific contact

Phone: 855-487-3224

Address: 4006 S. MacDill Avenue, Tampa, Florida 33611

Email: housing@rreach4housing.org

Website: www.reachforhousing.org

Notes: Home ownership through education, counseling and grant assistance.

Hours: M-F 9am-5pm; Apply for services through www.kreach4housing.org or call 855-48-REACH

RUSKIN COMMUNITY RESOURCE CENTER **

Financial Assistance

Contact: No specific contact

Phone: 813-671-7647

Address: 205 14th Ave. S.E., Ruskin, Florida 33570

Email: No specific contact

Website: hillsboroughcounty.org

Notes: South Hillsborough

Hours: Monday-Friday 7:30 am-5:00 pm

SALVATION ARMY-SHARE FOR TECO

Financial Assistance

Contact: No specific contact

Phone: 813-226-0055

Address: 1603 N. Florida Ave., Tampa, Florida 33602

Email: No specific contact

Website: salvationarmysouthwest.org

Notes: TECO - prequalify must have emergency expense-TECO bill w/receipt; call main number for services

Hours: Monday after 9:00 am

ST. VINCENT DE PAUL AT ST STEPHEN CATHOLIC CHURCH

Financial Assistance

Contact: Mary or Jeanette

Phone: 813-325-6440

Address: 10118 St. Stephens Circle, Riverview, Florida 33569

Email: svdpssfl@gmail.com (Only for agencies use)

Website: no website

Notes: We help clients in Riverview, Valrico, Brandon (south of Lumsden), Lithia (north of 39) and Gibsonton

Hours: Monday-Friday 9:00 am-5:00 pm; Food pantry-Fridays only 10:30 am-12:30 pm

BETH-EL FARM WORKER MINISTRY **

Food

Contact: No specific contact

Phone: 813-663-1548

Address: 18240 US HWY S 301, Wimauma, Florida 33598

Email: info@beth-el.org

Website: beth.el.org

Notes: Farm workers only. Call for more information

Hours: Apply in person; Summer Hrs: Monday-Thursday 8:30am-4:30pm;
Regular Hours: Tuesday, Thursday, Friday 8:30 am-4:30 pm; Wednesday
8:30am-6:00pm

BORICUAS DE CORAZON **

Food

Contact: Linda Perez

Phone: 813-502-5021 or 954-496-1463

Address: 1291 Kingsway Road, Brandon, Florida 33510

Email: boricuasdecorazoninc@gmail.com

Website: boricuasdecorazoninc.com

Notes: Helps victims of all natural disasters. Provides resources to affordable housing agencies, food, shelter, and sustainable services in their native languages.

Hours: Monday-Friday 10:00 am-7:00 pm

COMPASSION HOUSE FIRST BAPTIST CHURCH

Food

Contact: No specific contact

Phone: 813-689-1204

Address: 216 N. Parsons Avenue, Brandon, Florida 33510

Email: No specific contact

Website: fbcbrandon.org

Notes: Pantry; Bring Picture ID & Birth Cert./SS Card for ea. Dependent

Hours: Wednesday 10:00 am-12:00 pm

ECHO-BRANDON **

Food

Contact: Diana Mazid

Phone: 813-685-0935 x 8002

Address: 507 N Parsons Ave, Brandon, Florida 33510

Email: dmazid@echofl.org

Website: echofl.org

Notes: Residents of the following zip codes qualify for assistance: 33510, 33511, 33527, 33584, 33592, 33594, 33596, 33610

Hours: Monday-Friday 9:00 am-1:00 pm; Tuesday 5:00 pm-7:00 pm

ECHO-RIVERVIEW **

Food

Contact: Savanna Thompson

Phone: 813-540-9880, x 2001

Address: 10509 Riverview Dr, Riverview, Florida 33578

Email: savanna@echofl.org

Website: echofl.org

Notes: Residents of the following zip codes qualify for assistance: 33569, 33578, 33579, 33547, 33534, 33570, 33572, 33573, 33619

Hours: Monday-Friday 9:00 am-1:00 pm -Thursday 5:00 pm-7:00 pm

EMPATH PARTNERS IN CARE (EPIC) FRANCIS HOUSE **

Food

Contact: Stephanie Carr

Phone: 813-237-3066

Address: 4703 North Florida Avenue, Tampa, Florida 33603

Email: stephaniecarr@empathhealth.org

Website: myepic.org

Notes: Housing for HIV clients; Must be referred by case manager for housing.

Hours: Monday-Friday 8:30 am-5:00 pm

FAMILY HEALTHCARE FOUNDATION/HEALTH BEGINS NOW **

Food

Contact: Luis Rodriguez

Phone: 813-470-8500

Address: 5401 W. Kennedy Blvd, Suite 100, Tampa, Florida 33609

Email: luis@familyhealthcarefdn.org

Website: familyhealthcarefdn.org

Notes: Supports Hills. Cty health care members with resources to become & stay healthy; A personal Navigator offers this free support.

Hours: Monday-Friday 8:00 am-5:00 pm

FULL GOSPEL TABERNACLE

Food

Contact: No specific contact

Phone: 813-754-3843

Address: 2311 Sammonds Rd., Plant City, Florida 33563

Email: No specific contact

Website: bishopepps.com

Notes: Pantry

Hours: Friday 9:30 am-12:00 pm

HISPANIC SERVICES COUNCIL/LA RED DE PADRES ACTIVOS **

Food

Contact: Maria Garavito

Phone: 813-936-7700

Address: 7825 N. Dale Mabry Hwy Suite 2, Tampa, Florida 33614

Email: maria.garavito@hispanicservicescouncil.org

Website: hispanicservicescouncil.org/programs--services-

Notes: Parent Engagement, Immigration, Legal, Healthy Living

Hours: Monday-Friday 9:00 am-6:00 pm

HOLY INNOCENTS' EPISCOPAL CHURCH

Food

Contact: No specific contact

Phone: 813-689-3130

Address: 604 N Valrico Road, Valrico, Florida 33594

Email: reception@hiepiscopeal.org

Website: hiepiscopeal.org

Notes: Distributes hot meals at Holy Innocents' drive through and San Jose Mission in Dover the 2nd and 4th Saturday 12:00 to 2:00.

Hours: No appointment needed.

LIGHTHOUSE MINISTRIES-BRANDON

Food

Contact: No specific contact

Phone: 863-687-4076 x231

Address: 535 E. Brandon Blvd., Brandon, Florida 33511

Email: No specific contact

Website: lighthousemin.org

Notes: Photo ID's or Passports for all members over 18, & SS or birth certificates for all members in household are required for assistance. Copies of income and expenses are required to determine eligibility.

Hours: Tuesday, Wednesday and Thursday only by appointment

LIGHTHOUSE MINISTRIES-PLANT CITY

Food

Contact: No specific contact

Phone: 863-687-4076 x248

Address: 2410 W. Baker Street, Plant City, Florida 33563

Email: No specific contact

Website: lighthousemin.org

Notes: ID's/Passports for all members over 18, & SS or Birth Cert. for all in household are required for assistance.

Hours: Submit applications @lighthousemin.org/I Need Help/Services/Apply for Hope Assistance to schedule an appointment.

LIGHTHOUSE MINISTRIES-TAMPA **

Food

Contact: Cheryl Hart

Phone: 863-687-4076 x271

Address: 1502 E 2nd Ave., Tampa, Florida 33605

Email: chart@lighthousemin.org

Website: lighthousemin.org

Notes: ID's/Passports for all members over 18, & SS or Birth Cert. for all in household are required for assistance.

Hours: Submit applications @lighthousemin.org/I Need Help/Services/Apply for Hope Assistance to schedule an appointment.

MIEL Y CANELA FOUNDATION **

Food

Contact: Jeannette Matta

Phone: 813-260-3094 or 912-432-5311

Address: 100 East Shell Point Road, Suite 4, Ruskin, Florida 33570

Email: myc527productions@gmail.com

Website: mychorizons.com

Notes: Immigration/Human Rights, Housing, Food, Victims of Violence, Social Security and Cultural Programs

Hours: Call for appointment

MISSION HILL CHURCH -SIX MILE

Food

Contact: Matthew Crawford

Phone: 813-988-1138

Address: 4038 N. Falkenburg Road, Tampa, Florida 33610

Email: mcrawford@missionhiil.org

Website: fbctt.org

Notes: Emergency Food

Hours: Friday 6 pm

MISSION OF HOPE

Food

Contact: Dr. Reba Haley

Phone: 813-716-3996

Address: 212 S. St. Cloud Ave., Valrico, Florida 33594

Email: tbmissionoffhope@gmail.com

Website: tbmissionoffhope.org

Notes: Food distribution Saturday 12:00 to 2:00 pm

Hours: No appointment needed.

MISSION THONOTOSASSA

Food

Contact: Garry Hoffmann

Phone: 813-681-9515

Address: 10625 First Street, Seffner, Florida 33592

Email: ghoffma3@tampabay.rr.com

Website: no website

Notes: Food boxes for families.

Hours: Thursday 11:00 am-1:00 pm; Call to register

NATIVITY OUTREACH

Food

Contact: Bonnie Ussery

Phone: 813-681-4608 or 813-413-8351

Address: 705 East Brandon Blvd, Brandon, Florida 33511

Email: bonnie@nativitycatholicchurch.org

Website: nativitycatholicchurch.org

Notes: Serves 33511, 33510, 33594, 33596 but not limited to these zip codes.

Hours: Thursdays from 1:00 to 2:00 drive through

NEW HOPE FOOD CO-OP

Food

Contact: No specific contact

Phone: 813-689-4161

Address: 213 N Knights Ave, Brandon, Florida 33510

Email: No specific contact

Website: findnewhope.com

Notes: 1st and 3rd Tuesday at 10 am. Cost \$5/unit. Fresh fruit, vegetables and a dozen eggs. No processed food.

Hours: Call to register

REAL HOPE FOOD PANTRY

Food

Contact: Debbie Weisemann

Phone: 813-689-4229 x 228

Address: 1917 Bell Shoals Road, Brandon, Florida 33511

Email: debbie.weisemann@ballshoals.com

Website: bellshoals.com

Notes: Food Pantry

Hours: Every Wednesday 10:00 am-11:00 am Only; 2024/25 Closures: 5/29, 7/3, 11/27, 12/18, 12/25, 1/1/25

RESTORING HOPE PLANT CITY

Food

Contact: Amanda Long

Phone: 813-650-0744

Address: 705 Jerry Smith Road, Dover, Florida 33527

Email: admin@restoringhopeglobal.com

Website: restoringhopeglobal.com

Notes: Pantry

Hours: Monday- Friday 9:00 am-4:00 pm

SAFE FAMILIES FOR CHILDREN **

Food

Contact: Jewel Photopulos

Phone: 813-703-0075

Address: PO Box 958, Palm Harbor, Florida 34682

Email: jphotopulos@safefamilies.net

Website: www.safe-families.org

Notes: Request for help online through website.

Hours: Monday-Friday 9:00 am -5:00 pm

ST. ANNES CATHOLIC CHURCH

Food

Contact: No specific contact

Phone: 813-645-0304

Address: 103 11th Ave NE, Ruskin, Florida 33570

Email: No specific contact

Website: saintanneruskin.org

Notes: Pantry serves south of Big Bend Rd, West 1-75

Hours: Wednesday 9:00 am -12:00 pm

ST. CLEMENTS CATHOLIC CHURCH

Food

Contact: Pat Haggard

Phone: 813-752-8251 x 328

Address: 1104 N Alexander St, Plant City, Florida 33566

Email: No specific contact

Website: stclementpc.org/new

Notes: Pantry; closed first Friday of every month

Hours: Friday 9:00 am-12:00 noon

ST. FRANCIS OF ASSISI CATHOLIC CHURCH

Food

Contact: No specific contact

Phone: 813-681-9115

Address: 4450 County Road 579, Seffner, Florida 33584

Email: sfaseffner@tampabay.rr.com

Website: stfranciscc.com

Notes: Pantry

Hours: Wednesday 1:00 pm-3:00 pm

ST. VINCENT DE PAUL AT ST STEPHEN CATHOLIC CHURCH

Food

Contact: Kathie

Phone: 813-325-6440

Address: 5049 Bell Shoals Rd., Valrico, Florida 33596

Email: svdp@ststephencatholic.org

Website: svdptampa.org

Notes: Clients are allow to visit pantry once a month. ID and proof of address is required.

Hours: Friday 10:30am-12:30

THE BAUTISTA PROJECT INC.

Food

Contact: Marla Bautista

Phone: 720-325-0943

Address: PO Box 891104, Tampa, Florida 33689

Email: marla@thebautistaprojetinc.org

Website: thebautistaprojectinc.org

Notes: Provides basic living essentials, educational resources, support groups, and other necessary resources to assist homeless

Hours: Apply online

UNITED FOOD BANK

Food

Contact: Mary Heysek

Phone: 813-764-0625 x 5

Address: 702 E Alsobrook St Suite H, Plant City, Florida 33563

Email: mheysek@ufbpc.org

Website: ufbpc.org

Notes: 33510, 33511, 33527, 33587, 33547, 33563, 33564, 33565, 33566, 33567, 33569; 33584, 33592, 33594, 33596

Hours: Monday, Wednesday, Thursday and Friday 8:00 am-3:30 pm Tuesday 8:00 am-5:00 pm

WIC **

Food

Contact: No specific contact

Phone: 813-307-8074

Address: 1158 Bell Shoals Rd, Unit 101, Brandon, Florida 33511

Email: Info.HillsWeb@FLHealth.gov

Website: FloridaWIC.org

Notes: Pregnant, breastfeeding, and postpartum women; fathers, legal guardians of infants, and children under 5 years of age.

Hours: Monday-Friday 7:30 am-5:00 pm

LIGHTHOUSE MINISTRIES-BRANDON

Furniture

Contact: No specific contact

Phone: 863-687-4076 x231

Address: 535 E. Brandon Blvd., Brandon, Florida 33511

Email: No specific contact

Website: lighthousemin.org

Notes: Photo ID's or Passports for all members over 18, & SS or Birth Certificates for all members in household are required for assistance. Copies of income and expenses are required to determine eligibility. Limited to 3pcs of furniture per household. Food, Clothing, & Houseware limited to one visit per household every 6 months.

Hours: Submit applications @lighthousemin.org/I Need Help/Services/Apply for Hope Assistance to schedule an appointment.

EMPATH PARTNERS IN CARE (EPIC) **

Health Care

Contact: Outreach Team

Phone: 813-237-3066

Address: 4703 North Florida Avenue, Tampa, Florida 33603

Email: No Specific Contact

Website: myepic.org

Notes: Comprehensive Wrap-around services for individuals living with HIV; Outreach & prevention.

Hours: Monday-Friday 8:30 am-5:00 pm

FLORIDA DEPARTMENT OF HEALTH-HILLSBOROUGH **

Health Care

Contact: No specific contact

Phone: 813-307-8071 x 7118

Address: 4704B W. Montgomery Ave, Tampa, Florida 33636

Email: No specific contact

Website: hillsborough.floridahealth.gov

Notes: Call for more information

Hours: Call for an appointment

LIFELINE HEALTH INC. **

Health Care

Contact: Jennifer Montanez

Phone: 813-532-0217

Address: 2005 W. Reynolds St., Plant City, Florida 33563

Email: jmontanez@lifelinehealthfl.org

Website: www.lifelinehealthfl.org

Notes: Free testing, treatment, and prevention for all STD's and STI's.

Hours: Walk-in, Online, or Call; Monday-Friday 9:00 am-2:00 pm; 6:00 pm-10:00 pm; Saturday 8:00 am-5:00 pm; Sunday by Appointment Only.

OUTREACH FREE CLINIC AND RESOURCE CENTER

Health Care

Contact: No specific contact

Phone: 813-654-1388

Address: 517 N Parsons Ave, Brandon, Florida 33510

Email: No specific contact

Website: theoutreachclinic.com

Notes: For eligibility: <http://theoutreachclinic.com/for-patients/to-be-eligible/>

Hours: Monday-Thursday 9:00 am-4:00 pm Call for appointment

SAN JOSE MISSION CLINIC **

Health Care

Contact: Sister Sara Proctor

Phone: 813-707-7376

Address: 13571 San Juan Diego Way, Dover, Florida 33527

Email: No specific contact

Website: ccdosp.org

Notes: Provides services to low/mid income families to provide free medical, health, promotion, and social services

Hours: Monday 5:00 pm-7:00 pm (Gym with appointment)

ST. JOSEPH HOSPITAL

Health Care

Contact: Carmen Flores-Zeigler

Phone: 813-650-3330

Address: 3010 W. Martin Luther King Blvd, Tampa, Florida 33607

Email: czeigle1@tampabay.rr.com

Website: no website

Notes: Faith Community Nurse at San Jose Mission Clinic work with patients who are uninsured. Faith Community Nurses at St. Francis work with the homeless.

Hours: Call for an appointment

SUNCOAST COMMUNITY HEALTH CENTER -BRANDON **

Health Care

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: 313 S. Lakewood Drive, Brandon, Florida 33511

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: GYN (only), family planning, optometry, free pregnancy test, adult/pediatric medical services.

Hours: Monday–Friday 7:30 am–5:00 pm

SUNCOAST COMMUNITY HEALTH CENTER -PALM RIVER **

Health Care

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: 7728 Palm River Road, Tampa, Florida 33619

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Adult/pediatric medical services, OB/GYN, FREE pregnancy test, family planning, optometry, podiatry (Tuesday and Thursday)

Hours: Monday–Friday 7:30 am–5:00 pm

SUNCOAST COMMUNITY HEALTH CENTER -PLANT CITY **

Health Care

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: 801 E. Baker Street, Plant City, Florida 33563

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Adult/pediatric medical services, OB/GYN, FREE pregnancy test, family planning, optometry

Hours: Monday–Friday 7:30 am–5:00 pm

SUNCOAST COMMUNITY HEALTH CENTER -THONOTOSASSA **

Health Care

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: 9555 E Fowler Ave, Thonotosassa, Florida 33592

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Adult/pediatric medical services, GYN (Only on Wednesdays), FREE pregnancy test, family planning, optometry,

Hours: Monday–Friday 7:30 am–5:00 pm

SUNCOAST COMMUNITY HEALTH CENTER -TOM LEE CTR **

Health Care

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: 14254 Dr. Martin Luther King Blvd, Dover, Florida 33527

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Adult/pediatric medical services, OB/GYN, FREE pregnancy test, family planning, optometry (Wednesday mornings only and Fridays)

Hours: Monday–Friday 7:30 am–5:00 pm

SUNCOAST COMMUNITY HEALTH CENTER -WIMAUMA **

Health Care

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: State Road 674 (until June 1, 2022) New Location starting June 1, 2022 is 16621 Lagoon Shore Blvd., Wimauma, Florida 33598

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Adult/pediatric medical services, GYN(ONLY), FREE pregnancy test, family planning,

Hours: Monday–Friday 7:30 am–5:00 pm

CARE PLUS **

Health Insurance

Contact: Monica Rodriguez

Phone: 813-357-9493

Address: 4925 Independence Pkwy Suite 100, Tampa, Florida 33634

Email: mrodriguez75@careplus-hp.com

Website: careplushealthplans.com

Notes: Bilingual in English and Spanish, Medicare Advantage Plans, Social Service Application assistance

Hours: Monday-Friday 9:00 am - 6:00 pm

CHILDREN'S BOARD FAMILY RESOURCE CENTER OF BRANDON **

Health Insurance

Contact: Nadine Dib, Solymar Medina

Phone: 813-740-4634

Address: 1271 Kingsway Road, Brandon, Florida 33510

Email: nadine.dib@lsfnet.org or Solymar.medinacruz@lsfnet.org

Website: www.familysupporthc.org

Notes: Services provided by Family Healthcare Foundation.

Hours: Monday & Saturday 9:00 am-5:00 pm; Tuesday & Thursday 9:00 am-7:00 pm; Wednesday & Friday 9:00 am-6:00 pm

CHILDREN'S BOARD FAMILY RESOURCE CENTER-EAST COUNTY **

Health Insurance

Contact: No specific contact

Phone: 813-752-8700

Address: 301 North Palmer, Plant City, Florida 33563

Email: No specific contact

Website: familysupporthc.org/east-county-center

Notes: Mobile Clinic once a month children thru 18 with Medicare or no insurance

Hours: Monday & Saturday 9:00 am-5:00 pm; Tuesday & Thursday 9:00 am-7:00 pm; Wednesday & Friday 9:00 am-6:00 pm

CHILDREN'S BOARD FAMILY RESOURCE CENTER-SOUTH COUNTY **

Health Insurance

Contact: Loveline Lestage or Jorge Masson

Phone: 813-995-7005

Address: 3030 East College Avenue, Ruskin, Florida 33570

Email: No specific contact

Website: familysupporthc.org/south-county-center

Notes: Mobile Clinic once a month children thru 18 with Medicare or no insurance

Hours: Monday & Saturday 9:00 am-5:00 pm; Tuesday & Thursday 9:00 am-7:00 pm; Wednesday & Friday 9:00 am-6:00 pm

FAMILY HEALTHCARE FOUNDATION **

Health Insurance

Contact: Katie Roders Turner

Phone: 813-995-7005

Address: 5401 W. Kennedy Blvd, Suite 100, Tampa, Florida 33609

Email: admin@familyhealthcarefdn.org

Website: familyhealthcarefdn.org

Notes: Free education and assistance for health insurance. Alternative hours are available when necessary and by appointment.

Hours: Monday-Friday 8:00 am-6:00 pm. Call for appointment or schedule online.

FLORIDA BLUE **

Health Insurance

Contact: Alexandra Rodriguez

Phone: 813-326-0598

Address: 201 North West Shore Blvd., Tampa, Florida 33609

Email: alexandra.rodriguez1989@gmail.com

Website: www.floridablue.com/center/tampa-west-shore-blvd

Notes: Call for more information

Hours: Apply in person; Monday-Friday 9:00am-4:00pm, Sunday Closed

HISPANIC SERVICES COUNCIL/LA RED DE PADRES ACTIVOS **

Health Insurance

Contact: Maria Garavito

Phone: 813-936-7700

Address: 7825 N. Dale Mabry Hwy Suite 2, Tampa, Florida 33614

Email: maria.garavito@hispanicservicescouncil.org

Website: hispanicservicescouncil.org/programs--services-

Notes: Parent Engagement, Immigration, Legal, Healthy Living

Hours: Monday-Friday 9:00 am-6:00 pm

HOPE FOR HER

Health Insurance

Contact: No specific contact

Phone: 813-309-3357

Address: 140 Yarbrough Road, Brandon, Florida 33510

Email: admin@hopeforherfl.org

Website: hopeforherfl.org

Notes: Medicaid, Hillsborough Health Care, Marketplace - Call for an appointment.

Hours: Monday-Thursday 9:00 am- 4:00 pm

UNITED FOOD BANK

Health Insurance

Contact: Mary Heysek

Phone: 813-764-0625 x 5

Address: 702 E Alsobrook St Suite H, Plant City, Florida 33563

Email: mheysek@ufbpc.org

Website: ufbpc.org

Notes: 33510, 33511, 33527, 33587, 33547, 33563, 33564, 33565, 33566, 33567, 33569; 33584, 33592, 33594, 33596

Hours: Monday, Wednesday, Thursday and Friday 8:00 am-3:30 pm Tuesday

54 8:00 am-5:00 pm

A1 OPPORTUNITIES

Homeless

Contact: No specific contact

Phone: No specific number

Address: No specific contact, County Wide, Florida all

Email: info@a1opportunities.org

Website: a1opportunities.org

Notes: Must email to schedule an appointment.

Hours: Email for more information

COMMUNITY HOUSING SOLUTIONS/COVE

Homeless

Contact: No specific contact

Phone: 813-384-4170

Address: 3630 N 50th St, Tampa, Florida 33605

Email: No specific contact

Website: covebh.org

Notes: Emergency Bridge Housing program, that provides assistance to a total of 75 homeless adult men and women in Tampa

Hours: Call for availability

DAWNING FAMILY SERVICES **

Homeless

Contact: No specific contact

Phone: 813-875-2024

Address: 6718 N Armenia Ave, Tampa, Florida 33609

Email: No specific contact

Website: dawningfamilyservices.org

Notes: Homeless pregnant women and mothers of young children

Hours: Call for an appointment or apply online

EMPATH PARTNERS IN CARE (EPIC) FRANCIS HOUSE **

Homeless

Contact: Stephanie Carr

Phone: 813-237-3066

Address: 4703 North Florida Avenue, Tampa, Florida 33603

Email: stephaniecarr@empathhealth.org

Website: myepic.org

Notes: Housing for HIV clients; Must be referred by case manager for housing.

Hours: Monday-Friday 8:30 am-5:00 pm

FAMILY PROMISE OF HILLSBOROUGH COUNTY INC

Homeless

Contact: Edwina Reddick

Phone: 813-681-6170

Address: 201 E Morgan, Brandon, Florida 33510

Email: executivedirectorfpgb@gmail.com

Website: familypromisefl.org

Notes: Provides temporary housing up to 90 days and case management to area children and their families experiencing homelessness. Drug testing/background check for family members 18 and over. Must call for the initial intake. Family Promise is NOT an emergency shelter.

Hours: Applications accepted via phone between 8:30 am and 4:30 pm. After hours, call if not answered are returned promptly the next business day.

GRACEPOINT HOMELESS OUTREACH

Homeless

Contact: Elba Velez

Phone: 813-272-2311

Address: 6220 N. Nebraska Ave, Suite A, Tampa, Florida 33604

Email: alehman@gracepointwellness.org

Website: gracepointwellness.org

Notes: At risk for homeless and homeless-call for appointment or evaluation; case management

Hours: Case Management - Call for appointment or evaluation

HCSO - BEHAVIORAL HEALTH UNIT

Homeless

Contact: Dezeray Caiati

Phone: 813-247-8520

Address: 2224 Faulkenberg Road, Tampa, Florida 33614

Email: behavioralresourcesunit@teamhcso.com

Website: teamhcso.com/Section/cff592ad-de7d-4546-9291-128100e5409d/
Behavioral-Resources-Unit

Notes: Last resort option for single homeless males and females.

Hours: Monday-Friday 7:00 am-3:30 pm

HELP TEAM/STUDENTS IN TRANSITION **

Homeless

Contact: Shamara Byrd

Phone: 813-315-4357

Address: They will come to you., County Wide, Florida all

Email: Shamara.byrd@hcps.net

Website: hillsboroughschools.org/domain/2915

Notes: Notify school social worker for resources. Call office to make appointment.

Hours: Monday-Friday 8:00 am-4:00 pm

HOPE FOR HER

Homeless

Contact: No specific contact

Phone: 813-309-3357

Address: 140 Yarbrough Road, Brandon, Florida 33510

Email: admin@hopeforherfl.org

Website: hopeforherfl.org

Notes: Client needs to call for an appointment.

Hours: Monday-Thursday 9:00 am- 4:00 pm

LIGHTHOUSE MINISTRIES-LAKELAND-MEN

Homeless

Contact: Joe Washington

Phone: 863-687-4076 x253

Address: 117 E Magnolia St., Lakeland, Florida 33801

Email: jwashington@lighthousemin.org

Website: lighthousemin.org

Notes: There is no charge for the first 3 visits. The fee is \$7/Nightly after that, dinner and chapel service provided at no charge.

Hours: Office-Mon-Fri 8:00 am--4:00pm; Shelter Intake: 3:30-6:00 pm (Walk-in, first come first served)

LIGHTHOUSE MINISTRIES-LAKELAND-WOMEN

Homeless

Contact: Bridget Washington

Phone: 863-687-4076 x270

Address: 215 E. Magnolia St, Lakeland, Florida 33801

Email: bwashington@lighthousemin.org

Website: lighthousemin.org

Notes: Temporary shelter for women with and without children, no overnight emergencies, by appointment only Apply online

Hours: Call for an appointment: Monday-Friday 8:00 am-4:00 pm

MARY MARTHA HOUSE **

Homeless

Contact: No specific contact

Phone: 813-645-7874

Address: 1009 1st St SW, Ruskin, Florida 33570

Email: No specific contact

Website: marymarthahouse.org

Notes: County Wide; Emergency shelter for women & children. Client must be able to get to shelter.

Hours: Call for intake

METRO BRIGADE

Homeless

Contact: No specific contact

Phone: 813-209-1044

Address: Mobile locations, County Wide, Florida all

Email: mobile.outreach@metromin.org

Website: metromin.org/what-we-do/metro-brigaide

Notes: Call or come by a mobile location. No appointment needed. Arrive 15 minutes before closing time to receive services.

Hours: Hours vary/Schedule online

METROPOLITAN MINISTRIES **

Homeless

Contact: No specific contact

Phone: 813-209-1222

Address: 2301 N. Tampa Street, Tampa, Florida 33602

Email: intakedocs@metromin.org

Website: metromin.org

Notes: Emergency Shelter for families

Hours: Apply online under "Get Help" tab, call or email

METROPOLITAN MINISTRIES (FIRST HUG) **

Homeless

Contact: No specific contact

Phone: 813-209-1006

Address: 2301 N. Tampa Street, Tampa, Florida 33602

Email: No specific contact

Website: metromin.org/firsthug

Notes: Case management for homeless families

Hours: Call for appointment or apply online

MISSION OF HOPE

Homeless

Contact: Dr. Reba Haley

Phone: 813-716-3996

Address: 212 S. St. Cloud Ave., Valrico, Florida 33594

Email: tbmissionoffhope@gmail.com

Website: tbmissionoffhope.org

Notes: Cold Weather Shelter when appropriate.

Hours: Call for questions.

NATIVITY CATHOLIC CHURCH PASTORAL CARE OFFICE

Homeless

Contact: Bonnie Ussery

Phone: 813-681-4608 or 813-413-8351

Address: 705 East Brandon Blvd, Brandon, Florida 33511

Email: bonnie@nativitycatholicchurch.org

Website: nativitycatholicchurch.org

Notes: Food and resources

Hours: Monday-Thursday 8:30 am-4:00 pm (closed for lunch at noon), Friday 8:30 am-12:00 pm

RESTORATION & PURPOSE COMMUNITY OUTREACH

Homeless

Contact: Dr. Tracy Spencer-Sandolph

Phone: 813-657-0117

Address: 1085 East Brandon Blvd., Brandon, Florida 33511

Email: tspencersandolph@restorationandpurpose.org

Website: www.restorationandpurpose.org

Notes: Providing resources to individuals, families, and agencies; We build strong relationships among our communities and families

Hours: Tuesday & Friday 9:30 am-12:30pm; Monday by appointment only

SHOWER UP

Homeless

Contact: Dali Vargas

Phone: 0

Address: County Wide, County Wide, Florida All

Email: blossom2535@gmail.com

Website: showerup.org

Notes: Mobile Shower facility serving the homeless.

Hours: Call for locations

ST. VINCENT DE PAUL CARES

Homeless

Contact: Lloyd Brown Jr

Phone: 813-443-8296

Address: 2810 West St. Isabel Street Suite 100, Tampa, Florida 33607

Email: No specific contact

Website: svdpsp.org

Notes: Homeless, Veterans

Hours: Monday-Friday 8:30 am-5:00 pm

TAMPA POLICE DEPARTMENT

Homeless

Contact: Jessica Pyke

Phone: 813-344-7886

Address: 411 N. Franklin St, Tampa, Florida 33602

Email: jessicslynn.pyke@tampagov.net

Website: actsfl.org

Notes: Homeless in the city of Tampa

Hours: Call for assistance

THE BAUTISTA PROJECT INC.

Homeless

Contact: Marla Bautista

Phone: 720-325-0943

Address: PO Box 891104, Tampa, Florida 33689

Email: marla@thebautistaprojetinc.org

Website: thebautistaprojectinc.org

Notes: Provides basic living essentials, educational resources, support groups, and other necessary resources to assist homeless

Hours: Apply online

UNBROKEN DREAMS INC

Homeless

Contact: Daphne Thomas

Phone: 813-330-0638

Address: Apply online for services, County Wide, Florida all

Email: Daphne@unbrokendreams.net

Website: unbrokendreamsinc.org

Notes: To offer felons, homeless, and disadvantaged people the opportunity to fulfill their potential and move towards an independent lifestyle and positive future.

Hours: Apply online for services or call 813-330-0638

BREAD OF REFUGE CAFÉ

Hot Meals

Contact: Sharon McCoach

Phone: 813-695-6058

Address: 521 Wilbur Street, Brandon, Florida 33511

Email: mcc4jc@msm.com

Website: kingdomcommunities.net

Notes: Meals for homeless, food pickup for families in need

Hours: Homeless Monday-Friday 9:00 am-12:30 pm; Food pickup for families in need Monday-Friday 11:00 am-12:30 pm

EMPATH PARTNERS IN CARE (EPIC) FRANCIS HOUSE **

Hot Meals

Contact: Stephanie Carr

Phone: 813-237-3066

Address: 4703 North Florida Avenue, Tampa, Florida 33603

Email: stephaniecarr@empathhealth.org

Website: myepic.org

Notes: Housing for HIV clients; Must be referred by case manager for housing.

Hours: Monday-Friday 8:30 am-5:00 pm

FRIENDS IN THE PARK

Hot Meals

Contact: No specific contact

Phone: no phone number

Address: Winter Visitors Center, Dort Street, Plant City, Florida 33563

Email: No specific contact

Website: no website

Notes: Meals served 365 days a year at 5pm

Hours: Just show up, meals are for anyone in need. No questions asked.

GREATER BRANDON MEALS ON WHEELS

Hot Meals

Contact: Elaine Christopher

Phone: 813-689-3275

Address: Call for services, Brandon, Florida 33510

Email: laruchi2@msncom

Website: brandonmealsonwheels.com

Notes: The Brandon area: boundaries to East-Dover Road, West - I-75, North - I - 4, South - Alafia River.

Hours: Meals are delivered between 11 am and 1 pm Monday through Friday

MISSION HILL CHURCH -SIX MILE

Hot Meals

Contact: Matthew Crawford

Phone: 813-988-1138

Address: 4038 N. Falkenburg Road, Tampa, Florida 33610

Email: mcrawford@missionhiil.org

Website: fbctt.org

Notes: Hot meals

Hours: Friday 6 pm

CATHOLIC CHARITIES **

Housing

Contact: Suzanne Cockran

Phone: 813-631-4370 x 215

Address: 2021 E. Busch Blvd., Tampa, Florida 33612

Email: scockran@ccdosp.org

Website: ccdosp.org

Notes: HUD rehousing program for homeless with dependent children & 55 older housing for homeless or sharing

Hours: Monday-Friday 8 am-5 pm

COVE **

Housing

Contact: No specific contact

Phone: 813-384-4000

Address: 4422 E Columbus Dr, Tampa, Florida 33605

Email: No specific contact

Website: covebh.org

Notes: Residential Treatment for Men and Women

Hours: Call for an appointment

EMPATH PARTNERS IN CARE (EPIC) FRANCIS HOUSE **

Housing

Contact: Stephanie Carr

Phone: 813-237-3066

Address: 4703 North Florida Avenue, Tampa, Florida 33603

Email: stephaniecarr@empathhealth.org

Website: myepic.org

Notes: Housing for HIV clients; Must be referred by case manager for housing.

Hours: Monday-Friday 8:30 am-5:00 pm

HABITAT FOR HUMANITY HILLSBOROUGH

Housing

Contact: Patty Campbell

Phone: 727-656-4141

Address: 509 E Jackson St, Tampa, Florida 33602

Email: pcampbell@habitatillsborough.org

Website: habitatillsborough.org

Notes: Affordable housing ownership

Hours: Monday-Friday 9:00 am-5:00 pm

HOPE FOR HER

Housing

Contact: No specific contact

Phone: 813-309-3357

Address: 140 Yarbrough Road, Brandon, Florida 33510

Email: admin@hopeforherfl.org

Website: hopeforherfl.org

Notes: Client needs to call for an appointment.

Hours: Monday-Thursday 9:00 am- 4:00 pm

MIEL Y CANELA FOUNDATION **

Housing

Contact: Jeannette Matta

Phone: 813-260-3094 or 912-432-5311

Address: 100 East Shell Point Road, Suite 4, Ruskin, Florida 33570

Email: myc527productions@gmail.com

Website: mychorizons.com

Notes: Immigration/Human Rights, Housing, Food, Victims of Violence, Social Security and Cultural Programs

Hours: Call for appointment

THE CENTRE FOR WOMEN

Housing

Contact: No specific contact

Phone: 813-251-8437

Address: 305 S. Hyde Park Avenue, Tampa, Florida 33606

Email: No specific contact

Website: thecentre.org

Notes: SHIP has provided home repair and rehabilitation services for low-income, elderly homeowners in Tampa and Hillsborough County

Hours: Call for more information.

UNBROKEN DREAMS INC

Housing

Contact: Daphne Thomas

Phone: 813-330-0638

Address: Apply online for services, County Wide, Florida all

Email: Daphne@unbrokendreams.net

Website: unbrokendreamsinc.org

Notes: To offer felons, homeless, and disadvantaged people the opportunity to fulfill their potential and move towards an independent lifestyle and positive future.

Hours: Apply online for services or call 813-330-0638

BORICUAS DE CORAZON **

Human Trafficking

Contact: Linda Perez

Phone: 813-502-5021 or 954-496-1463

Address: 1291 Kingsway Road, Brandon, Florida 33510

Email: boricuasdecorazoninc@gmail.com

Website: boricuasdecorazoninc.com

Notes: Helps victims of all natural disasters. Provides resources to affordable housing agencies, food, shelter, and sustainable services in their native languages.

Hours: Monday-Friday 10:00 am-7:00 pm

SELAH FREEDOM

Human Trafficking

Contact: No specific contact

Phone: 888-837-3363

Address: PO Box 21415, Sarasota, Florida 34276

Email: info@selahfreedom.com

Website: selahfreedom.com

Notes: Serves survivors of sex trafficking and exploitation through awareness, prevention, outreach and residential safe housing

Hours: Hotline open 24/7

LIGHTHOUSE MINISTRIES-TAMPA **

ID, Social Security, Birth Cert.

Contact: Joe Vazquez

Phone: 863-687-4076 x105

Address: 1502 E 2nd Ave., Tampa, Florida 33605

Email: jvazquez@lighthousemin.org

Website: lighthousemin.org

Notes: ID's/Passports for all members over 18, & SS or Birth Cert. for all in household are required for assistance.

Hours: Call for an appointment

METRO BRIGADE

ID, Social Security, Birth Cert.

Contact: No specific contact

Phone: 813-209-1044

Address: Mobile locations, County Wide, Florida all

Email: mobile.outreach@metromin.org

Website: metromin.org/what-we-do/metro-brigaide

Notes: Call or come by a mobile location. No appointment needed. Arrive 15 minutes before closing time to receive services.

Hours: Hours vary/ Schedule online

BORICUAS DE CORAZON **

Immigration

Contact: Linda Perez

Phone: 813-502-5021 or 954-496-1463

Address: 1291 Kingsway Road, Brandon, Florida 33510

Email: boricuasdecorazoninc@gmail.com

Website: boricuasdecorazoninc.com

Notes: Helps victims of all natural disasters. Provides resources to affordable housing agencies, food, shelter, and sustainable services in their native languages.

Hours: Monday-Friday 10:00 am-7:00 pm

CATHOLIC CHARITIES **

Immigration

Contact: Suzanne Cockran

Phone: 813-631-4370 x 202

Address: 2021 E. Busch Blvd., Tampa, Florida 33612

Email: scockran@ccdosp.org

Website: ccdosp.org

Notes: Affordable immigration services to all newcomers regardless of their race, religion, sex, or creed.

Hours: Free immigration consultations Monday-Saturday 9:00 am-12:00 pm

GULF COAST LEGAL SERVICES **

Immigration

Contact: No specific contact

Phone: 727-821-0726

Address: 501 First Avenue North, Suite 420, St. Petersburg, Florida 33701

Email: No specific contact

Website: gulfcoastlegal.org

Notes: Foreclosures, landlord/tenants, disputes, immigration (multiple locations) income based

Hours: Call for an appointment

HISPANIC SERVICES COUNCIL **

Immigration

Contact: No specific contact

Phone: 813-936-7700

Address: 7825 N. Dale Mabry Suite 102, Tampa, Florida 33614

Email: No specific contact

Website: hispanicervicescouncil.org/programs--services-

Notes: Parent Engagement, Immigration, Legal, Healthy Living

Hours: Monday-Friday 9:00 am-6:00 pm

MIEL Y CANELA FOUNDATION **

Immigration

Contact: Jeannette Matta

Phone: 813-260-3094 or 912-432-5311

Address: 100 East Shell Point Road, Suite 4, Ruskin, Florida 33570

Email: myc527productions@gmail.com

Website: mychorizons.com

Notes: Immigration/Human Rights, Housing, Food, Victims of Violence, Social Security and Cultural Programs

Hours: Call for appointment

BAY AREA LEGAL SERVICES **

Legal Assistance

Contact: No specific contact

Phone: 800-625-2257

Address: 701 Tillman Place Suite 300, Plant City, Florida 33566

Email: No specific contact

Website: bals.org

Notes: County wide/Multiple Locations-Family, Domestic Violence, Tax, Landlord/Tenant

Hours: Call for an appointment or apply online

GULF COAST LEGAL SERVICES **

Legal Assistance

Contact: No specific contact

Phone: 727-821-0726

Address: 501 First Avenue North, Suite 420, St. Petersburg, Florida 33701

Email: No specific contact

Website: gulfcoastlegal.org

Notes: Foreclosures, landlord/tenants, disputes, immigration (multiple locations) income based

Hours: Call for an appointment

HISPANIC SERVICES COUNCIL **

Legal Assistance

Contact: No specific contact

Phone: 813-936-7700

Address: 7825 N. Dale Mabry Suite 102, Tampa, Florida 33614

Email: No specific contact

Website: hispanicservicescouncil.org/programs--services-

Notes: Parent Engagement, Immigration, Legal, Healthy Living

Hours: Monday-Friday 9:00 am-6:00 pm

NATIVITY CATHOLIC CHURCH PASTORAL CARE OFFICE/LEGAL CONSULTATION MINISTRY

Legal Assistance

Contact: Bonnie Ussery

Phone: 813-681-4608 or 813-413-8351

Address: 705 East Brandon Blvd, Brandon, Florida 33511

Email: bonnie@nativitycatholicchurch.org

Website: nativitycatholicchurch.org

Notes: Confidential 30-45 minute consultation, free of charge. Call for appointment

Hours: Monday-Thursday 8:30 am-4:00 pm (closed for lunch at noon), Friday 8:30 am-12:00 pm

ST. MICHAEL'S LEGAL CENTER

Legal Assistance

Contact: Attorney available

Phone: 813-289-5385

Address: 821 S Dale Mabry, Tampa, Florida 33609

Email: No specific contact

Website: stmichaelslegalcenter.com

Notes: Call and leave message

Hours: Call for an appointment

BETH-EL FARM WORKER MINISTRY **

Parent Support

Contact: No specific contact

Phone: 813-663-1548

Address: 18240 US HWY S 301, Wimauma, Florida 33598

Email: info@beth-el.org

Website: beth.el.org

Notes: Farm workers only. Call for more information

Hours: Apply in person; Summer Hrs: Monday-Thursday 8:30am-4:30pm; Regular Hours: Tuesday, Thursday, Friday 8:30 am-4:30 pm; Wednesday 8:30am-6:00pm

BETTER TOGETHER

Parent Support

Contact: Ruth Pierce

Phone: 239-470-2733

Address: 15276 Collier Blvd. Suite 201-284, Naples, Florida 34119

Email: Ruth@bettertogetherus.org

Website: bettertogetherus.org

Notes: Offering support and preventative services that empower the whole person and the entire family.

Hours: 24 Hour Hot Line; Or submit a referral through www.bettertogetherus.org

CHAMPIONS FOR CHILDREN

Parent Support

Contact: Lorna Mobley

Phone: 813-673-4646 x1157

Address: 3108 West Azeele St., Tampa, Florida 33609

Email: lmobley@cfctb.org

Website: cfctb.org

Notes: Child abuse and neglect prevention, informed parent/caregiver education and support.

Hours: Monday-Friday 8:30 am-5:00 pm

CHILDREN'S BOARD FAMILY RESOURCE CENTER OF BRANDON **

Parent Support

Contact: Nadine Dib, Solymar Medina

Phone: 813-740-4634

Address: 1271 Kingsway Road, Brandon, Florida 33510

Email: nadine.dib@lsfnet.org or Solymar.medinacruz@lsfnet.org

Website: www.familysupporthc.org

Notes: Computer lab (fax/copy/print); CPR /1ST Aide class, Car Seat Safety Class; language classes.

Hours: Monday & Saturday 9:00 am-5:00 pm; Tuesday & Thursday 9:00 am-7:00 pm; Wednesday & Friday 9:00 am-6:00 pm

ENTERPRISING LATINAS **

Parent Support

Contact: Georgina Romero

Phone: 813-699-6905

Address: 5128 State Road 674, Wimauma, Florida 33569

Email: georgina.romero@enterprisinglatinas.org

Website: www.enterprisinglatinas.org

Notes: We Empower women & their families; We offer bilingual trainings & workshops.

Hours: Call to make an appointment; Membership free; Monday-Friday 8:30 am-6:00 pm

GOODFELLAS IMPACT COALITION

Parent Support

Contact: Tonya/Danny

Phone: 813-531-4247

Address: No specific contact, County Wide, Florida all

Email: goodfellasimpactcoalition@gmail.com

Website: goodfellasimpactcoalition.org

Notes: Participants gain the knowledge and resources necessary to make informed decisions, start their own businesses

Hours: Monday-Friday 9:00 am-5:00 pm; Call or email for services

HILLSBOROUGH TRANSIT AUTHORITY (HART) **

Parent Support

Contact: Yolanda Moreno

Phone: 813-384-6595

Address: 1201 E. 7th Avenue, Tampa, Florida 33605

Email: morenoy@gohart.org

Website: gohart.org

Notes: Transportation for people with disabilities. Persons are eligible for this service if they have physical, cognitive, emotional, visual or other disabilities that prevent them from using HART fixed route bus system

Hours: Apply online or call for assistance.

HISPANIC SERVICES COUNCIL **

Parent Support

Contact: Danissa Maldonado

Phone: 813-936-7700

Address: 3805 John Moore Road, Brandon, Florida 33511

Email: danissa.maldonado@hispanicservicescouncil.org

Website: hispanicservicescouncil.org/programs--services-

Notes: Parent Engagement, Immigration, Legal, Healthy Living

Hours: Call for an appointment

HISPANIC SERVICES COUNCIL/LA RED DE PADRES ACTIVOS **

Parent Support

Contact: Maria Garavito

Phone: 813-936-7700

Address: 7825 N. Dale Mabry Hwy Suite 2, Tampa, Florida 33614

Email: maria.garavito@hispanicservicescouncil.org

Website: hispanicservicescouncil.org/programs--services-

Notes: Parent Engagement, Immigration, Legal, Healthy Living

Hours: Monday-Friday 9:00 am-6:00 pm

IMPACT PROGRAM, INC.

Parent Support

Contact: Angie Kagey

Phone: 813-264-9368

Address: 122 North Moon Avenue, Brandon, Florida 33510

Email: akagey@whatisimpact.com

Website: whatisimpact.com

Notes: Educating and supporting students, parents, and teachers in the arena of sexual risk avoidance and healthy relationships.

Hours: Monday-Thursday 9:00 am-4:30 pm.; Apply for services through <https://www.whatisimpact.com/contact-us>

INCREDIBLE YEARS PROGRAM (EASTERSEALS FLORIDA)

Parent Support

Contact: Amanda Lopez

Phone: 689-444-1731

Address: No specific contact, County Wide, Florida all

Email: incredibleyears@fl.easterseals.com

Website: <https://www.easterseals.com/florida/programs-and-services/children--families/the-incredible-years.html>

Notes: Call for more information

Hours:

INSPIRA TAMPA BAY **

Parent Support

Contact: Luz Gaona, Jennifer Torres

Phone: 813-323-5783

Address: 707 W Lake Dr., Wimauma, Florida 33598

Email: programdirector@Inspiratampabay.org

Website: Inspiratampabay.org

Notes: Apply for services by phone, in person, or through website.

Hours: Monday-Friday 8:00 am -6 pm

PARENTS AS TEACHERS

Parent Support

Contact: No specific contact

Phone: 813-673-4646

Address: They will come to you., County Wide, Florida all

Email: info@cfctb.org

Website: cfctb.org

Notes: Parenting for children birth to 5

Hours: Call for an appointment: 813-673-4646

PREGNANCY CENTER OF PLANT CITY

Parent Support

Contact: Sandi Nelson

Phone: 813-759-0886

Address: 304 N. Collins St, Plant City, Florida 33563

Email: snelson@pccpc.net

Website: plantcitypregnancycenter.org

Notes: Pregnant moms and babies up to one year, prenatal classes, counseling, baby items

Hours: Monday-Tuesday 9:00 am- 7:00 pm, Wednesday 9:00 am-5:00 pm,

70 Thursday 9:00 am- 7:00 pm, Friday 9:00 am- 12:00 pm

SAFE FAMILIES FOR CHILDREN **

Parent Support

Contact: Jewel Photopoulos

Phone: 813-703-0075

Address: PO Box 958, Palm Harbor, Florida 34682

Email: jphotopoulos@safefamilies.net

Website: www.safe-families.org

Notes: Request for help online through website.

Hours: Monday-Friday 9:00 am -5:00 pm

SUCCESS 4 KIDS & FAMILIES (SUCCESSFUL FAMILIES) **

Parent Support

Contact: Jeanette Soberal

Phone: 813-871-7412

Address: 2806 N. Armenia Ave. Suite 200, Tampa, Florida 33607

Email: jsoberal@s4kf.org

Website: s4kf.org

Notes: Case management for families experiencing emotional and/or behavioral challenges.

Hours:

TAMPA BAY KARATE FOR CHRIST

Parent Support

Contact: Willie Cintron

Phone: 813-551-7032

Address: 118 Flamingo Drice #C, Apollo Beach, Florida 33578

Email: kick4success@yahoo.com

Website: martialartsschoolofsurvival.com

Notes: Call for services.

Hours: Monday-Friday 1:00 pm-7:00 pm; By Appointment Only

YMCA NORTH BRANDON

Parent Support

Contact: No specific contact

Phone: 813-685-5402

Address: 3097 Kingsway Road, Seffner, Florida 33584

Email: No specific contact

Website: tampaymca.org

Notes: Call for more information

Hours: Monday-Thursday 5:00 am-9:30 pm, Friday 5:00 am-8:30 pm, Saturday 7:00 am-6:00 pm, Sunday 10:00 am-5:00 pm

COMMUNITY PET PROJECT

Pets

Contact: Rhonda Eldridge

Phone: 813-530-6722

Address: PO Box 7206, Seffner, Florida 33584

Email: communitypetproject@yahoo.com

Website: <http://www.communitypetproject.org/>

Notes: Supplying basic needs to the pets of veterans, homeless and low income residents of Hillsborough county; Providing basic supplies and financial medical assistance.

Hours: Anytime

HILLSBOROUGH COUNTY PET RESOURCE CENTER

Pets

Contact: No specific contact

Phone: 813-744-5660

Address: 440 N Falkenburg Rd, Tampa, Florida 33619

Email: No specific contact

Website: hillsboroughcounty.org/animalservices

Notes: Assistance with Pet Food

Hours: Sunday-Saturday 10:00 am-7:00 pm

BETHANY CHRISTIAN SERVICES

Pregnancy

Contact: Nedra Messenger

Phone: 813-743-9525 or 800-238-4269

Address: 29 W Smith St, Winter Garden, Florida 34787

Email: nmessenger@bethany.org

Website: bethany.org/pregnant

Notes: Local remote workers covering all counties in Florida. Full adoption services as well. Temporary childcare during family crisis.

Hours: 24-hour hotline 1-800-BETHANY (238-4269)

CHILDRENS HOME NETWORK/ ADOLESCENTS IN MOTHERHOOD (AIM) RESIDENTIAL MATERNITY PROGRAM

Pregnancy

Contact: Donna Krauser

Phone: 813-864-1459

Address: 10909 Memorial Highway, Tampa, Florida 33615

Email: No specific contact

Website: childrenshomenetwork.org

Notes: The program provides services for teen mothers and expecting teens who are in foster care

Hours: Call for an appointment

CHOICES CLINICS

Pregnancy

Contact: Kristen Mosley

Phone: 813-982-4200

Address: 619 Eichenfeld Drive, Brandon, Florida 33511

Email: kristen@ChoicesClinics.org

Website: ChoicesClinics.org

Notes: Women, men and families in the midst of an unexpected pregnancy. Free pregnancy testing, ultrasounds, referrals, post abortion care and ongoing Christ-centered support.

Hours: Monday/Wednesday 9:00 am-4:00 pm, Tuesday 9:00 am-8:00 pm, Thursday/Friday 9:00 am-12:00 pm

DAWNING FAMILY SERVICES **

Pregnancy

Contact: Chanetta Tunstall

Phone: 813-875-2024 x 1014

Address: 6718 N Armenia Ave, Tampa, Florida 33609

Email: ctunstall@dawningfs.org

Website: dawningfamilyservices.org

Notes: Homeless pregnant women and mothers of young children

Hours: Call for an appointment or apply online

GLADNEY CENTER FOR ADOPTION

Pregnancy

Contact: Erica Andres, BSW

Phone: 813-716-2684

Address: 1210 Millennium Parkway#2010, Brandon, Florida 33511

Email: erica.andres@gladney.org

Website: pregnancyhotline.org or gladney.org

Notes: Unplanned pregnancy and adoption. COVID precautions, virtual or in-person meeting

Hours: 24 hours call 1-800-452-3639

HEALTHY START COALITION **

Pregnancy

Contact: Jonna Johnson

Phone: 813-514-0728

Address: 2806 N Armenia Ave, Suite 100, Tampa, Florida 33607

Email: jjohnson@hstart.org

Website: healthystartcoalition.org

Notes: Pregnant moms & children ages 0-2 years old

Hours: Call for an appointment

IMAGE CLEAR ULTRASOUND CENTRAL FLORIDA

Pregnancy

Contact: Brysty Maxwell

Phone: 813-763-5437

Address: Mobile locations, Seffner, Florida 33584

Email: bmaxwell@pccpc.net

Website: imageclearultrasound.com

Notes: Seffner Area: Pregnancy tests, pregnancy ultrasound, options consultations, community referrals

Hours: Thursday 10:00 am- 4:00 pm. Call 813-763-5437 to schedule

NATIVITY CATHOLIC CHURCH PASTORAL CARE/LIFE MINISTRY

Pregnancy

Contact: Bonnie Ussery

Phone: 813-681-4608 or 813-413-8351

Address: 705 East Brandon Blvd, Brandon, Florida 33511

Email: bonnie@nativitycatholicchurch.org

Website: nativitycatholicchurch.org

Notes: Emergency baby supplies-diapers, wipes, clothing, blankets and other items.

Hours: Monday-Thursday 8:30 am-4:00 pm (closed for lunch at noon), Friday 8:30 am-12:00 pm

PREGNANCY CENTER OF PLANT CITY

Pregnancy

Contact: Sandi Nelson

Phone: 813-759-0886

Address: 304 N. Collins St, Plant City, Florida 33563

Email: snelson@pccpc.net

Website: plantcitypregnancycenter.org

Notes: Pregnant moms and babies up to one year, prenatal classes, counseling, baby items

Hours: Monday-Tuesday 9:00 am- 7:00 pm, Wednesday 9:00 am-5:00 pm, Thursday 9:00 am- 7:00 pm, Friday 9:00 am- 12:00 pm

SUCCESS 4 KIDS & FAMILIES (HEALTHY START) **

Pregnancy

Contact: Tara Walker

Phone: 813-490-5490

Address: 2902 N. Armenia Ave. Suite 200, Tampa, Florida 33607

Email: twalker@s4kf.org

Website: s4kf.org

Notes: Provides moms, newborns and families with the resources support to develop a healthy pregnancy and healthy birth.

Hours:

SUNCOAST COMMUNITY HEALTH CENTER -RUSKIN **

Pregnancy

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: 2814 14th Ave SE, Ruskin, Florida 33570

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Adult/pediatric medical services, OB/GYN, FREE pregnancy test, family planning, optometry, podiatry (Monday, Tuesday and Wednesday)

Hours: Monday–Friday 7:30 am–5:00 pm

AARP

Seniors

Contact: No specific contact

Phone: 813-930-7870

Address: 9350 Bay Plaza Blvd. Suite 121, Tampa, Florida 33619

Email: No specific contact

Website: aarp.org/foundation

Notes: Training opportunities for seniors that benefit non-profits.

Hours: Monday-Friday 9:00 am-2:00 pm

ADULT DAY SERVICES SENIOR CENTER

Seniors

Contact: Angie Toledo

Phone: 813-450-8956

Address: 3940 Canoga Park Drive, Brandon, Florida 33511

Email: toledoa@hcfl.gov

Website: hcfl.gov/residents/seniors

Notes: We coordinate essential health and wellness services for older adults residing in Hills. County to encourage maximum independence and prosperity.

Hours: Call for a tour; Office Hours Monday-Friday 8:00 am-5:00 pm

ADULT DAY SERVICES SENIOR CENTER

Seniors

Contact: Angie Toledo

Phone: 813-450-8956

Address: 1205 South Waller Street, Plant City, Florida 33566

Email: toledoa@hcfl.gov

Website: hcfl.gov/residents/seniors

Notes: We coordinate essential health and wellness services for older adults residing in Hills. County to encourage maximum independence and prosperity.

Hours: Call for a tour; Office Hours Monday-Friday 8:00 am-5:00 pm

ADULT DAY SERVICES SENIOR CENTER

Seniors

Contact: Angie Toledo

Phone: 813-450-8956

Address: 4102 W Spruce Street, Tampa, Florida 33607

Email: toledoa@hcfl.gov

Website: hcfl.gov/residents/seniors

Notes: We coordinate essential health and wellness services for older adults residing in Hills. County to encourage maximum independence and prosperity.

Hours: Call for a tour; Office Hours Monday-Friday 8:00 am-5:00 pm

ADULT DAY SERVICES SENIOR CENTER

Seniors

Contact: Angie Toledo

Phone: 813-450-8956

Address: 16621 Lagoon Shore Blvd., Wimauma, Florida 33598

Email: toledoa@hcfl.gov

Website: hcfl.gov/residents/seniors

Notes: We coordinate essential health and wellness services for older adults residing in Hills. County to encourage maximum independence and prosperity.

Hours: Call for a tour; Office Hours Monday-Friday 8:00 am-5:00 pm

BORICUAS DE CORAZON **

Seniors

Contact: Linda Perez

Phone: 813-502-5021 or 954-496-1463

Address: 1291 Kingsway Road, Brandon, Florida 33510

Email: boricuasdecorazoninc@gmail.com

Website: boricuasdecorazoninc.com

Notes: Helps victims of all natural disasters. Provides resources to affordable housing agencies, food, shelter, and sustainable services in their native languages.

Hours: Monday-Friday 10:00 am-7:00 pm

BRANDON RECREATION CENTER

Seniors

Contact: No specific contact

Phone: 813-635-8179

Address: 510 E Sadie Street, Brandon, Florida 33510

Email: No specific contact

Website: hcflgov.net

Notes: Senior activities

Hours: Monday-Friday 9:00 am-9:00 pm Saturday 9:00am-2:00pm

SPIRLINO FAMILY YMCA

Seniors

Contact: No specific contact

Phone: 813-228-9622

Address: 9650 Old Big Bend Road, Gibsonton, Florida 33578

Email: No specific contact

Website: tampaymca.org

Notes: Call for more information

Hours: Monday-Thursday 5:00 am-9:30 pm, Friday 5:00 am-8:30 pm, Saturday 7:00 am-6:00 pm, Sunday 8:00 am-5:00 pm

YMCA NORTH BRANDON

Seniors

Contact: No specific contact

Phone: 813-685-5402

Address: 3097 Kingsway Road, Seffner, Florida 33584

Email: No specific contact

Website: tampaymca.org

Notes: Call for more information

Hours: Monday-Thursday 5:00 am-9:30 pm, Friday 5:00 am-8:30 pm, Saturday 7:00 am-6:00 pm, Sunday 10:00 am-5:00 pm

HILLSBOROUGH COUNTY HEALTHCARE SERVICES-SOAR PROGRAM

SSI/SSDI disability application assistance

Contact: Randy Vargas

Phone: 813-557-9571

Address: Staff located throughout Hillsborough County, County Wide, Florida all

Email: vargasr@hillsboroughcounty.org

Website: hillsboroughcounty.org/en/government/departments/health

Notes: Please contact Randy Vargas to discuss setting up a customized referral process so that you can refer clients to us for screening. We would prefer receiving a referral from your agency instead of the client calling us directly.

Hours: Email Randy Vargas for info and services. Monday-Friday 8:00 am-5:00 pm

ACTS (AGENCY FOR COMMUNITY TREATMENT SERVICES, INC) **

Substance Abuse

Contact: No specific contact

Phone: 813-237-4907

Address: 4612 N 56th Street, Tampa, Florida 33610

Email: No specific contact

Website: actsfl.org

Notes: Substance abuse, mental health and housing

Hours: Call for services

CHRYSLAIS HEALTH **

Substance Abuse

Contact: Nikolas Crespo

Phone: 813-443-4827

Address: 7821 N Dale Mabry Hwy, Tampa, Florida 33614

Email: nikolas.crespo@chrysalishealth.com

Website: www.chrysalishealth.com

Notes: For services, fill out form on website; contact & request a referral form

Hours: Monday -Friday 9:00 am-5:00 pm

COVE **

Substance Abuse

Contact: Becky Facer, Director of Outpatient Services

Phone: 813-384-4000

Address: 4422 E Columbus Dr, Tampa, Florida 33605

Email: rebeccaf@dacco.org

Website: covebh.org

Notes: Brandon Outpatient Treatment Services for Adolescents & Adults

Hours: Assessments are done at this location by appointment: Tuesday - Friday at 9 a.m., 11 a.m. and 2 p.m.

LIGHTHOUSE MINISTRIES-LAKELAND-MEN

Substance Abuse

Contact: Barry Howell

Phone: 863-687-4076 X251

Address: 117 E Magnolia St., Lakeland, Florida 33801

Email: bhowell@lighthousemin.org

Website: lighthousemin.org

Notes: Call for more information

Hours: Call for an appointment: Monday-Friday 8:00 am-4:00 pm, or submit an application online.

LIGHTHOUSE MINISTRIES-LAKELAND-WOMEN

Substance Abuse

Contact: Bridget Washington

Phone: 863-687-4076 x270

Address: 215 E. Magnolia St, Lakeland, Florida 33801

Email: bwashington@lighthousemin.org

Website: lighthousemin.org

Notes: Call for more information

Hours: Call for an appointment or apply online.

PHOENIX HOUSE FLORIDA

Substance Abuse

Contact: Lisa Beck

Phone: 813-881-1000

Address: 510 Vonderburg Drive Suite 301, Brandon, Florida 33511

Email: Lhatten@phoenixfl.org

Website: phoenixhouse.org

Notes: Primary Substance use services and help with mental health. Services for adults and children 10 and up.

Hours: Call 813-881-1000 for services

SALVATION ARMY ADULT REHABILITATION CENTER

Substance Abuse

Contact: Edwin Hafer

Phone: 813-972-0471

Address: 13815 Salvation Army Lane, Tampa, Florida 33613

Email: No specific contact

Website: tampa.satruck.org

Notes: Must have active use, Men and Women's programs

Hours: Monday-Friday 8:00 am-1:00 pm

TAMPA POLICE DEPARTMENT/ACTS

Substance Abuse

Contact: Taylor Mihocik

Phone: 813-416-1002

Address: 411 N. Franklin St, Tampa, Florida 33602

Email: taylor.mihocik@tampagov.net tmihocik@acts.org

Website: actsfl.org

Notes: Opioid use in the city of Tampa

Hours: Monday-Thursday 10:00 am-8:00 pm

THE PHOENIX

Substance Abuse

Contact: Brittany Garner/Tony Garcia

Phone: 526-869-8706

Address: Multiple locations, County Wide, Florida all

Email: bgarner@thephoenix.org or tgarcia@thephoenix.org

Website: thephoenix.org

Notes: Sober active community with free events.

Hours: Check website for events and locations.

BAYLIFE CHURCH BREAKTHROUGH

Support Groups

Contact: No specific contact

Phone: 813-319-0183

Address: 140 Yarbrough Road, Brandon, Florida 33510

Email: No specific contact

Website: baylife.org/breakthrough

Notes: Christian Support Group Ministry

Hours: Thursdays & Sundays-verify times on website

EMPATH PARTNERS IN CARE (EPIC) FRANCIS HOUSE **

Support Groups

Contact: Stephanie Carr

Phone: 813-237-3066

Address: 4703 North Florida Avenue, Tampa, Florida 33603

Email: stephaniecarr@empathhealth.org

Website: myepic.org

Notes: Housing for HIV clients; Must be referred by case manager for housing.

Hours: Monday-Friday 8:30 am-5:00 pm

ENTERPRISING LATINAS **

Support Groups

Contact: Georgina Romero

Phone: 813-699-6905

Address: 5128 State Road 674, Wimauma, Florida 33569

Email: georgina.romero@enterprisinglatinas.org

Website: www.enterprisinglatinas.org

Notes: We Empower women & their families; We offer bilingual trainings & workshops.

Hours: Call to make an appointment; Membership free; Monday-Friday 8:30 am-6:00 pm

F.R.I.E.N.D.S. DOWN SYNDROME WEST FLORIDA

Support Groups

Contact: Ann Foyt, RN

Phone: 813-245-2782

Address: 11612 Miss Chloe Court, Riverview, Florida 33579

Email: info@friendssupport.org

Website: friendssupport.org

Notes: F.R.I.E.N.D.S. Facebook Events Page

Hours: Call 813-245-2782 or email

FIRST BAPTIST CHURCH OF RIVERVIEW CELEBRATE RECOVERY

Support Groups

Contact: Keith Brandon

Phone: 813-677-6377

Address: 8626 US Highway 301 South, Riverview, Florida 33579

Email: cr@fbcriverview.org

Website: fbcriverview.org/celebrate-recovery

Notes: Celebrate recovery support groups

Hours: Monday 6:30 pm

INSPIRA TAMPA BAY **

Support Groups

Contact: Luz Gaona, Jennifer Torres

Phone: 813-323-5783

Address: 707 W Lake Dr., Wimauma, Florida 33598

Email: Inspiratampabay@gmail.com

Website: Inspiratampabay.org

Notes: Apply for services by phone, in person, or through website.

Hours: Monday-Friday 8:00 am -6 pm

NATIVITY CATHOLIC CHURCH PASTORAL CARE/SURVIVING DIVORCE GROUP

Support Groups

Contact: Bonnie Ussery

Phone: 813-681-4608 or 813-413-8351

Address: 705 East Brandon Blvd, Brandon, Florida 33511

Email: bonnie@nativitycatholicchurch.org

Website: nativitycatholicchurch.org

Notes: Twice yearly 12 week meetings (In-person or Zoom) for those recently divorced or have been for years and are dealing with isolation or sorrow. Call for more information or to sign up for session.

Hours: Monday-Thursday 8:30 am-4:00 pm (closed for lunch at noon), Friday 8:30 am-12:00 pm

THE PHOENIX

Support Groups

Contact: Brittany Garner/Tony Garcia

Phone: 526-869-8706

Address: Multiple locations, County Wide, Florida all

Email: bgarner@thephoenix.org or tgarcia@thephoenix.org

Website: thephoenix.org

Notes: Sober active community with free events.

Hours: Check website for events and locations.

BIKES FOR CHRIST

Transportation

Contact: Pat Simmons

Phone: 813-533-9177

Address: They will come to you., Dover, Florida 33527

Email: admin@bikes4christ.com

Website: bikes4christ.com - Only for Agencies

Notes: Bikes for families in need. Client must be working with an agency and referred by their case manager.

Hours: Apply anytime through the website.

FAMILY HEALTHCARE FOUNDATION/HEALTH BEGINS NOW **

Transportation

Contact: Luis Rodriguez

Phone: 813-470-8500

Address: 5401 W. Kennedy Blvd, Suite 100, Tampa, Florida 33609

Email: luis@familyhealthcarefdn.org

Website: familyhealthcarefdn.org

Notes: Supports Hills. Cty health care members with resources to become & stay healthy; A personal Navigator offers this free support.

Hours: Monday-Friday 8:00 am-5:00 pm

HARTPLUS PARATRANSIT

Transportation

Contact: Yolanda Moreno

Phone: 813-384-6595

Address: 1201 E. 7th Avenue, Tampa, Florida 33605

Email: morenoy@gohart.org

Website: gohart.org

Notes: Transportation for people with disabilities. Persons are eligible for this service if they have physical, cognitive, emotional, visual or other disabilities that prevent them from using HART fixed route bus system

Hours: Apply online or call for assistance.

HILLSBOROUGH TRANSIT AUTHORITY (HART) **

Transportation

Contact: Yolanda Moreno

Phone: 813-384-6595

Address: 1201 E. 7th Avenue, Tampa, Florida 33605

Email: morenoy@gohart.org

Website: gohart.org

Notes: Transportation for people with disabilities. Persons are eligible for this service if they have physical, cognitive, emotional, visual or other disabilities that prevent them from using HART fixed route bus system

Hours: Apply online or call for assistance.

SAFE FAMILIES FOR CHILDREN **

Transportation

Contact: Jewel Photopoulos

Phone: 813-703-0075

Address: PO Box 958, Palm Harbor, Florida 34682

Email: jphotopoulos@safefamilies.net

Website: www.safe-families.org

Notes: Request for help online through website.

Hours: Monday-Friday 9:00 am -5:00 pm

SUNSHINE LINE **

Transportation

Contact: No specific contact

Phone: 813-272-7272

Address: 2709 E. Hanna Ave, Tampa, Florida 33610

Email: No specific contact

Website: hillsboroughcounty.org

Notes: Door-to-door transportation and bus passes for elderly, low-income, and people with disabilities. Call for Application.

Hours: Monday-Friday 8:00 am-5:00 pm

SPIRLINO FAMILY YMCA

Veterans

Contact: No specific contact

Phone: 813-228-9622

Address: 9650 Old Big Bend Road, Gibsonton, Florida 33578

Email: No specific contact

Website: tampaymca.org

Notes: Call for more information

Hours: Monday-Thursday 5:00 am-9:30 pm, Friday 5:00 am-8:30 pm, Saturday 7:00 am-6:00 pm, Sunday 8:00 am-5:00 pm

ST. VINCENT DE PAUL CARES

Veterans

Contact: Lloyd Brown Jr

Phone: 813-443-8296

Address: 2810 West St. Isabel Street Suite 100, Tampa, Florida 33607

Email: No specific contact

Website: svdpsp.org

Notes: Homeless, Veterans

Hours: Monday-Friday 8:30 am-5:00 pm

VA HEALTHCARE FOR HOMELESS

Veterans

Contact: Harry McCurdy

Phone: 813-903-4477

Address: 10770 N 46th Street Suite C-100, Tampa, Florida 33603

Email: Harry.McCurdy@va.gov

Website: va.gov/homeless

Notes: Homeless or at risk of becoming homeless Veterans

Hours: Call for intake

YMCA NORTH BRANDON

Veterans

Contact: No specific contact

Phone: 813-685-5402

Address: 3097 Kingsway Road, Seffner, Florida 33584

Email: No specific contact

Website: tampaymca.org

Notes: Call for more information

Hours: Monday-Thursday 5:00 am-9:30 pm, Friday 5:00 am-8:30 pm, Saturday 7:00 am-6:00 pm, Sunday 10:00 am-5:00 pm

HILLSBOROUGH COUNTY VETERAN AFFAIRS - (VSO)

Veterans

Contact: Stephanie Shriver

Phone: 813-903-4884

Address: 13000 Bruce B. Downs Blvd. Build 41 Room 41-238B, Tampa, Florida 33612

Email: ShriverS@hillsboroughcounty.org

Website: hillsboroughcounty.org/veterans

Notes: Assist w/ filing for benefits (service-connected & non-service connected)

Hours: Call for an appointment

CHILDREN'S BOARD FAMILY RESOURCE CENTER OF BRANDON **

Vision

Contact: Nadine Dib, Solymar Medina

Phone: 813-740-4634

Address: 1271 Kingsway Road, Brandon, Florida 33510

Email: nadine.dib@lsfnet.org or Solymar.medinacruz@lsfnet.org

Website: www.familysupporthc.org

Notes: Services provided by Preservision.

Hours: Monday & Saturday 9:00 am-5:00 pm; Tuesday & Thursday 9:00 am-7:00 pm; Wednesday & Friday 9:00 am-6:00 pm

CHILDREN'S BOARD FAMILY RESOURCE CENTER-EAST COUNTY **

Vision

Contact: No specific contact

Phone: 813-752-8700

Address: 301 North Palmer, Plant City, Florida 33563

Email: No specific contact

Website: familysupporthc.org/east-county-center

Notes: Once a month Vision Screening for adults and children

Hours: Monday & Saturday 9:00 am-5:00 pm; Tuesday & Thursday 9:00 am-7:00 pm; Wednesday & Friday 9:00 am-6:00 pm

CHILDREN'S BOARD FAMILY RESOURCE CENTER-SOUTH COUNTY **

Vision

Contact: Jesus Perez

Phone: 813-641-5600

Address: 3030 East College Avenue, Ruskin, Florida 33570

Email: jesus.perez@lssnet.org

Website: familysupporthc.org/south-county-center

Notes: Once a month Vision Screening for adults and children.

Hours: Monday & Saturday 9:00 am-5:00 pm; Tuesday & Thursday 9:00 am-7:00 pm; Wednesday & Friday 9:00 am-6:00 pm

JAMES A HALEY VA HOSPITAL **

Vision

Contact: No specific contact

Phone: 813-525-4905

Address: 10770 N 46th Street Suite C-100, Tampa, Florida 33617

Email: No specific contact

Website: tampa.va.gov

Notes: Homeless Veterans County Wide

Hours: Call for intake

SUNCOAST COMMUNITY HEALTH CENTER -BRANDON **

Vision

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: 313 S. Lakewood Drive, Brandon, Florida 33511

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Vision age 5 and up

Hours: Monday-Thursday (only) 7:30 am-5:00 pm

SUNCOAST COMMUNITY HEALTH CENTER -PALM RIVER **

Vision

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: 7728 Palm River Road, Tampa, Florida 33619

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Vision ages 5 and up

Hours: Monday–Friday 7:30 am–5:00 pm

SUNCOAST COMMUNITY HEALTH CENTER -PLANT CITY **

Vision

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: 801 E. Baker Street, Plant City, Florida 33563

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Vision for ages 5 and up

Hours: Monday–Friday 7:30 am–5:00 pm

SUNCOAST COMMUNITY HEALTH CENTER -TOM LEE CTR **

Vision

Contact: Call Center - choose option of service

Phone: 813-653-6100

Address: 14254 Dr. Martin Luther King Blvd, Dover, Florida 33527

Email: suncoast-chc.org/contact/

Website: suncoast-chc.org

Notes: Vision ages 5 and up (Wednesday mornings ONLY and Friday's)

Hours: Monday–Friday 7:30 am–5:00 pm

NOTES

This Community Resource Guide is printed by Bay Life Church and is also available online at hopeforherfl.org/crg.

